

Auto Power Rathgormack 5 Mile Road Race 2009 - Friday 5 June 2009. 7:30 pm - Results

Place	Time	Name	Team	Category	Min/mile	No.	Posn
1	0:26:01	CIOBANU, Sergiu	Clonliffe Harriers	Men Senior	05:12.1	78	1
2	0:26:24	FARRELL, Dwane	Tinryland	Men Senior	05:16.7	18	2
3	0:26:31	MUALANEY, Shane	Other	Men Senior	05:18.1	141	3
4	0:26:50	FOGARTY, Tony	Thurles Crokes	Men Senior	05:21.9	111	4
5	0:26:55	HARTLEY, Philip	West Waterford	Men Senior	05:22.9	36	5
6	0:27:39	KEHOE, Mick	Tinryland	Men Senior	05:31.7	35	6
7	0:28:10	HEFFERNAN, Pat	Other	Men Over 45	05:37.9	168	7
8	0:28:12	SHANAHAN, Denis	Thurles Crokes	Men Senior	05:38.3	32	8
9	0:28:17	BEHAN, John	Kilbrien Colligan Kilgobnet	Men Senior	05:39.3	24	9
10	0:28:55	OSIFCHIN, Ritch	Other	Men Over 40	05:46.9	16	10
11	0:29:02	KENNY, Tony	Other	Men Senior	05:48.3	167	11
12	0:29:03	GUINAN, P.J.	West Waterford	Men Over 40	05:48.5	23	12
13	0:29:33	KELLY, Joe	West Waterford	Men Over 40	05:54.5	150	13
14	0:29:39	LAMBE, Pauline	Tullamore Harriers	Ladies Senior	05:55.7	55	14
15	0:29:40	LACEY, Laurence	St. Josephs	Men Over 50	05:55.9	31	15
16	0:29:57	BARCOE, Jimmy	Other	Men Senior	05:59.3	181	16
17	0:30:08	LOUGHNANE, Madeline	Thurles Crokes	Ladies Senior	06:01.5	37	17
18	0:30:17	BYRNE, Darragh	Carrick AC	Men Senior	06:03.3	30	18
19	0:30:19	DULLEA, Eoin	Waterford AC	Men Senior	06:03.7	121	19
20	0:30:28	GOUGH, Joe	West Waterford	Men Over 55	06:05.5	56	20
21	0:30:31	ASPEL, Brendan	Waterford AC	Men Over 40	06:06.1	54	21
22	0:30:38	WALSH, John	Clonmel AC	Men Over 45	06:07.5	63	22
23	0:30:43	MCCORMACK, Gary	West Waterford	Men Over 45	06:08.5	44	23
24	0:30:45	MARTIN, Laurance	Clonmel AC	Men Senior	06:08.9	124	24
25	0:30:48	WALSH, Corine	West Waterford	Ladies Over 35	06:09.5	17	25
26	0:30:51	DWYER, PJ	St Senans AC	Men Over 50	06:10.1	57	26
27	0:31:03	GRACE, Anthony	Carrick AC	Men Senior	06:12.5	113	27
28	0:31:03	HORGAN, Donal	Coolquill	Men Senior	06:12.5	169	28
29	0:31:04	FALCONER, Tommy	Carrick AC	Men Senior	06:12.7	131	29
30	0:31:11	DOHERTY, Declan	Thurles Crokes	Men Senior	06:14.1	140	30
31	0:31:18	RYAN, Michael	Dundrum AC	Men Senior	06:15.5	127	31
32	0:31:33	TIERNEY, John	Other	Men Over 40	06:18.5	7	32
33	0:31:38	ALEXANDER, Matt	Coolquill	Men Over 55	06:19.5	70	33
34	0:31:39	COLLERAN, Veronica	Other	Ladies Over 40	06:19.7	21	34
35	0:31:45	MCFADDEN, Conrelius	Other	Men Over 40	06:20.9	155	35
36	0:31:51	MCCANN, Angela	Clonmel AC	Ladies Over 35	06:22.1	112	36
37	0:31:59	ROCHE, Patrick	Carrick AC	Men Senior	06:23.7	81	37
38	0:32:00	CRONIN, Brendan	Carrick AC	Men Over 45	06:23.9	94	38
39	0:32:16	CORBERT, Con	Thurles Crokes	Men Over 55	06:27.1	118	39
40	0:32:19	BEHAN, Laura	Kilbrien Colligan Kilgobnet	Girls Junior	06:27.7	25	40
41	0:32:23	GRANT, Gary	Clonmel AC	Men Senior	06:28.5	72	41
42	0:32:29	NAVIN, Earl	West Waterford	Men Senior	06:29.7	59	42
43	0:32:33	BEHAN, Diane	Waterford AC	Ladies Over 35	06:30.5	42	43
44	0:32:33	HALLAHAN, Paul		Men Over 45	06:30.5	135	44
45	0:32:37	COLEMAN, Thomas	West Waterford	Men Over 40	06:31.3	58	45
46	0:32:41	WALSH, Enda	Other	Men Senior	06:32.1	146	46
47	0:32:50	MORAN, Paul	Other	Men Senior	06:33.9	132	47
48	0:32:53	O'MAHONY, Michelle	Kilmurry AC	Ladies Over 45	06:34.5	48	48
49	0:32:55	CONNOLLY, Mark	Clonmel AC	Men Over 40	06:34.9	45	49
50	0:32:59	MULLIGAN, Jimmy	Other	Men Over 45	06:35.7	152	50
51	0:33:01	ROCHE, Aine	Clonmel AC	Ladies Senior	06:36.1	77	51
52	0:33:02	KENNEALLY, David	Thurles Crokes	Men Senior	06:36.3	149	52
53	0:33:07	MOTHERWAY, David	Other	Men Senior	06:37.3	52	53
54	0:33:10	O'SULLIVAN, John	Carrick AC	Men Senior	06:37.9	62	54
55	0:33:21	TWOMEY, Tim	East Cork AC	Men Over 55	06:40.1	90	55
56	0:33:26	MOLLOY, Mary	Clonmel AC	Ladies Senior	06:41.1	95	56
57	0:33:33	KERWICK, Paddy	Carrick AC	Men Senior	06:42.5	28	57
58	0:33:39	KELLY, Richard	West Waterford	Men Over 45	06:43.7	96	58
59	0:33:50	SHANAHAN, Danny	Other	Men Senior	06:45.9	166	59

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60	0:33:51	O'DWYER, Martina	Carrick AC	Ladies Senior	06:46.1	120	60
61	0:33:54	MORONEY, Tom	West Waterford	Men Over 50	06:46.7	20	61
62	0:33:56	MCCARTHY, Sean	Clonmel AC	Men Senior	06:47.1	104	62
63	0:33:59	O'GRADY, Philip	Clonmel AC	Men Over 40	06:47.7	79	63
64	0:34:03	DOWNEY, Andrew	Carrick AC	Men Senior	06:48.5	133	64
65	0:34:05	POWER, Robbie	Other	Men Senior	06:48.9	76	65
66	0:34:22	DALY, Shane	Other	Men Senior	06:52.3	47	66
67	0:34:24	MORKAN, Conor	Clonmel AC	Men Senior	06:52.7	136	67
68	0:34:28	NUGENT, Gary	Other	Men Senior	06:53.5	74	68
69	0:34:29	TWOMEY, Bill	Other	Men Senior	06:53.7	68	69
70	0:34:43	O'MEARA, Andrew	Other	Men Senior	06:56.5	71	70
71	0:35:03	RUSSELL, Emmet	Other	Men Senior	07:00.5	69	71
72	0:35:04	MCCARTHY, Noel	Thurles Crokes	Men Senior	07:00.7	119	72
73	0:35:10	COLFER, Paul	Other	Men Senior	07:01.9	147	73
74	0:35:16	O'CONNELL, John	Middleton AC	Men Senior	07:03.0	33	74
75	0:35:17	DONOVAN, Susanne	Kilkenny City Harriers	Ladies Senior	07:03.2	19	75
76	0:35:23	DEN, James	Clonliffe Harriers	Men Senior	07:04.4	1	76
77	0:35:31	O'DONNELL, Aaron	Other	Boys Junior	07:06.0	101	77
78	0:35:35	LYNCH, Kevin	Other	Men Senior	07:06.8	137	78
79	0:35:38	POWER, Jackie	Carrick AC	Ladies Senior	07:07.4	66	79
80	0:35:53	RIORDAN, John	Other	Men Senior	07:10.4	53	80
81	0:35:56	KENT, Stephen	Other	Men Over 40	07:11.0	92	81
82	0:35:58	COONEY, Albert	Other	Men Senior	07:11.4	15	82
83	0:36:07	IVORS, Martin	Other	Men Over 50	07:13.2	107	83
84	0:36:18	CONNORS, David	West Waterford	Men Senior	07:15.4	156	84
85	0:36:29	COFFEY, Brigid	West Waterford	Ladies Over 35	07:17.6	123	85
86	0:36:30	BARRY, Derek	Other	Men Senior	07:17.8	145	86
87	0:36:31	BRUNNOCK, Paddy	Carrick AC	Men Senior	07:18.0	40	87
88	0:36:33	COUGHLAN, Karen	Dundrum AC	Ladies Senior	07:18.4	128	88
89	0:36:37	BOLAND, Mark	Clonmel AC	Men Senior	07:19.2	116	89
90	0:36:46	LASTE, John	Clonmel AC	Men Over 45	07:21.0	139	90
91	0:36:49	MURRAY, Ger	Other	Men Over 40	07:21.6	46	91
92	0:36:52	FAHEY, Frank	Clonmel AC	Men Over 50	07:22.2	49	92
93	0:37:04	O'CONNELL, Terry	West Waterford	Men Over 45	07:24.6	158	93
94	0:37:04	COFFEY, Brendan	Clonmel AC	Men Senior	07:24.6	122	94
95	0:37:08	MURPHY, Micheal	Other	Men Senior	07:25.4	143	95
96	0:37:16	WALSHE, John	East Cork AC	Men Over 55	07:27.0	51	96
97	0:37:52	FOGARTY, Cyril	Clonmel AC	Men Over 40	07:34.2	142	97
98	0:37:58	HEFFERNAN, Geraldine	West Waterford	Ladies Over 35	07:35.4	89	98
99	0:38:07	GRINSELL, Joe	Clonmel AC	Men Over 60	07:37.2	22	99
100	0:38:12	POWER, Tom	Other	Men Senior	07:38.2	2	100
101	0:38:16	POWER, Anthony	Clonmel AC	Men Over 45	07:39.0	29	101
102	0:38:23	DRENNAN, Angeline	West Waterford	Ladies Senior	07:40.4	105	102
103	0:38:34	BOLAND, Maurice	Clonmel AC	Men Over 50	07:42.6	153	103
104	0:38:37	CURRAN, Ray	West Waterford	Men Over 40	07:43.2	43	104
105	0:38:43	POWER, Margaret	Carrick AC	Ladies Over 50	07:44.4	97	105
106	0:38:43	POWER, Bobby	Carrick AC	Men Over 50	07:44.4	98	106
107	0:38:45	EVANS, Jane	Carrick AC	Ladies Over 45	07:44.8	102	107
108	0:38:48	O'DONNELL, Tara	Other	Ladies Over 35	07:45.4	87	108
109	0:38:55	GILLMAN, Noel	Other	Men Over 40	07:46.8	154	109
110	0:39:06	BREEN, Elizabeth	Other	Ladies Senior	07:49.0	85	110
111	0:39:07	GREENE, Matt	Carrick AC	Men Over 40	07:49.2	73	111
112	0:39:09	POWER, Ann	Carrick AC	Ladies Over 45	07:49.6	65	112
113	0:39:37	CONNORS, Aiofe	Other	Ladies Senior	07:55.2	108	113
114	0:39:40	WALSH, Kevin	Other	Men Senior	07:55.8	144	114
115	0:39:44	CRONIN, Ann	Carrick AC	Ladies Over 45	07:56.6	34	115
116	0:39:55	BOURKE, Stephen	Carrick AC	Men Senior	07:58.8	60	116
117	0:40:00	MURRAY, Vinny	Other	Men Senior	07:59.8	103	117
118	0:40:00	MAUNSELL, Nicola	Clonmel AC	Ladies Over 35	07:59.8	115	118

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119	0:40:03	O'SHEA, Michael	Carrick AC	Men Over 50	08:00.4	93	119
120	0:40:15	WALSH, Claire	West Waterford	Ladies Senior	08:02.8	106	120
121	0:40:19	O'SHEA, Shirley	Carrick AC	Ladies Senior	08:03.6	50	121
122	0:40:32	HOULIHAN, Geraldine	Carrick AC	Ladies Over 45	08:06.2	126	122
123	0:40:33	CLIFFORD, Niamh	Carrick AC	Ladies Senior	08:06.4	110	123
124	0:40:35	WALSH, Elaine	Carrick AC	Ladies Senior	08:06.8	134	124
125	0:40:59	POWER, Jimmy	Carrick AC	Men Over 45	08:11.6	41	125
126	0:41:13	QUINN, Tom	Clonmel AC	Men Over 55	08:14.4	67	126
127	0:41:36	MURPHY, Fergal	Other	Men Senior	08:19.0	91	127
128	0:42:16	O'DONOVAN, Catherine	Carrick AC	Ladies Senior	08:27.0	114	128
129	0:42:17	NUGENT, Brian	Carrick AC	Men Senior	08:27.2	109	129
130	0:42:41	LYNCH, Geraldine	Carrick AC	Ladies Senior	08:32.0	6	130
131	0:42:51	MCCARTHY, Michael	West Waterford	Men Over 50	08:34.0	157	131
132	0:42:52	POWER, Honora	West Waterford	Ladies Over 40	08:34.2	75	132
133	0:43:10	KELLY, Carol	Carrick AC	Ladies Senior	08:37.8	86	133
134	0:43:19	KENT, Marie	Other	Ladies Senior	08:39.6	130	134
135	0:43:19	ALWYARD, PJ	Other	Men Senior	08:39.6	117	135
136	0:43:22	COLLINS, Susan	Carrick AC	Ladies Over 35	08:40.2	82	136
137	0:43:45	GREENE, Gemma	Other	Ladies Over 45	08:44.8	61	137
138	0:44:22	HOGAN, Catherine	Other	Ladies Over 40	08:52.2	100	138
139	0:44:24	GRACE, Yvonne	Other	Ladies Senior	08:52.6	148	139
140	0:44:59	MANSFIELD, Amanda	West Waterford	Ladies Over 35	08:59.6	38	140
141	0:45:00	MCGRATH, Albert	West Waterford	Men Senior	08:59.8	26	141
142	0:45:00	LENIHAN, Tommy	West Waterford	Men Over 45	08:59.8	27	142
143	0:46:00	O'MEARA, Fiona	Carrick AC	Ladies Over 35	09:11.8	64	143
144	0:46:35	DEWBURY, Gemma	Waterford AC	Ladies Over 35	09:18.8	129	144
145	0:47:30	FINUCANE, Mary	Carrick AC	Ladies Over 40	09:29.8	151	145
146	0:47:31	O'DONOVAN, Edel	Other	Ladies Over 35	09:30.0	99	146
147	0:47:45	CARROLL, Phil	Waterford AC	Ladies Over 50	09:32.8	125	147
148	0:47:46	FORAN, Michelle	Carrick AC	Ladies Senior	09:33.0	88	148
149	0:49:30	FOGARTY, Gay	Carrick AC	Men Over 50	09:53.8	80	149
150	0:49:35	CLEARY, Kieran	Clonmel AC	Men Over 60	09:54.8	39	150
151	0:49:40	GOUGH, Jenny	Other	Ladies Senior	09:55.8	138	151
152	0:49:42	GOUGH, Terri	West Waterford	Ladies Over 55	09:56.2	83	152
153	1:00:14	FORDE, Gerry	Other	Men Over 55	12:02.6	84	153