

Carraig Hotel Deadmans 5 Friday 10 June 2011. 7:30 pm

Place	Time	Name	Team	Category	Pace	No
1	0:25:35	MURPHY, Brian	Carrick AC	Senior Men	05:08.7	120
2	0:25:46	ZAKIS, Ravis	West Waterford	Senior Men	05:10.9	141
3	0:26:05	HARTY, Philip	West Waterford	Senior Men	05:14.7	5
4	0:26:24	KLAVA, Dzintars	West Waterford	Senior Men	05:18.5	113
5	0:27:12	MULLALLY, Shane	Thurles Crokes	Senior Men	05:28.2	165
6	0:27:17	MURPHY, Michael	Carrick AC	Senior Men	05:29.2	119
7	0:27:34	MAUNSELL, William		Senior Men	05:32.6	118
8	0:27:40	O'SULLIVAN, Pat	Carrick AC	Men Over 45	05:33.8	109
9	0:27:46	WATERS, David	Carrick AC	Senior Men	05:35.0	112
10	0:28:04	RYAN, David		Senior Men	05:38.6	9
11	0:28:06	FALCONER, Tommy	Carrick AC	Senior Men	05:39.1	132
12	0:28:09	O'DOHERTY, Siobhan	Borrisokane	Senior Ladies	05:39.7	147
13	0:28:12	ROCHE, Patrick	Carrick AC	Senior Men	05:40.3	101
14	0:28:24	DOHERTY, Declan	Thurles Crokes	Men Over 40	05:42.7	105
15	0:28:30	CUNNINGHAM, David	Waterford AC	Senior Men	05:43.9	136
16	0:28:34	CANTWELL, Gary	KCK	Senior Men	05:44.7	122
17	0:28:38	MALONEY, Kevin	Waterford AC	Senior Men	05:45.5	123
18	0:28:45	MURPHY, Damien	West Waterford	Junior Boys	05:46.9	65
19	0:28:55	MCGRATH, Eoin	Clonmel AC	Senior Men	05:48.9	121
20	0:29:01	DELAHUNTY, Cormac	Raheny Shamrocks	Senior Men	05:50.1	22
21	0:29:05	RYAN, James	Dundrum	Men Over 45	05:50.9	127
22	0:29:08	O'RIORDAN, Niall	West Limerick	Senior Men	05:51.5	52
23	0:29:13	MORAN, Paul	Thomastown AC	Senior Men	05:52.5	18
24	0:29:21	NOLAN, Pat	Waterford AC	Senior Men	05:54.1	108
25	0:29:28	LOUGE, Dermot	Coolquill	Senior Men	05:55.5	163
26	0:29:31	GOUGH, Joe	West Waterford	Men Over 55	05:56.1	131
27	0:29:39	FLEMING, Conor	Clonmel AC	Men Over 40	05:57.8	130
28	0:29:40	O'CEALLAIGH, Niall	Clonmel AC	Men Over 40	05:58.0	44
29	0:29:48	CRONIN, Brendan	Carrick AC	Men Over 50	05:59.6	16
30	0:29:51	MCCANN, Angela	Clonmel AC	Ladies Over 40	06:00.2	145
31	0:29:52	MALONE, Sylvia	Waterford AC	Ladies Over 35	06:00.4	124
32	0:29:54	AHEARNE, Brendan		Men Over 50	06:00.8	117
33	0:29:56	CUDDIHY, PJ		Senior Men	06:01.2	56
34	0:30:03	O'LOUGHLIN, Gerard	Clonmel AC	Men Over 40	06:02.6	133
35	0:30:07	LYNCH, Kevin		Senior Men	06:03.4	125
36	0:30:07	FOLEY, David	Carrick AC	Senior Men	06:03.4	26
37	0:30:07	O'DWYER, Martina	Carrick AC	Ladies Over 35	06:03.4	137
38	0:30:11	WALSH, Joe		Senior Men	06:04.2	84
39	0:30:15	KENNELLY, David	Thurles Crokes	Men Over 40	06:05.0	21
40	0:30:18	BOISSON, Sebastian		Men Over 45	06:05.6	39
41	0:30:25	DWYER, Michael	West Waterford	Men Over 40	06:07.0	157
42	0:30:27	MCFADDEN, Cornelius	Carrick AC	Men Over 45	06:07.4	23
43	0:30:35	CASEY, Liam	Clonmel AC	Men Over 40	06:09.0	94
44	0:30:42	GUINAN, PJ	West Waterford	Men Over 40	06:10.4	7
45	0:30:47	BURNS, Thomas	Waterford AC	Men Over 50	06:11.4	144
46	0:30:53	MURRAY, Ger		Men Over 40	06:12.6	55
47	0:30:57	O'FLAHERTY, Nigel	Clonmel AC	Senior Men	06:13.4	53
48	0:31:11	RYAN, Dermot	West Waterford	Senior Men	06:16.3	162
49	0:31:14	CANTWELL, Gerry	West Waterford	Men Over 50	06:16.9	79
50	0:31:36	HAHESSY, Benny		Senior Men	06:21.3	169
51	0:31:56	GRACE, Anthony	Clonmel AC	Senior Men	06:25.3	57
52	0:32:03	O'CONNELL, Michael	Carrick AC	Senior Men	06:26.7	1
53	0:32:05	RYAN, Austin	Thurles Crokes	Senior Men	06:27.1	106
54	0:32:09	BARRY, Keith	Carrick AC	Men Over 40	06:27.9	69
55	0:32:11	MOCLAIR, Michael	Fethard	Senior Men	06:28.3	174
56	0:32:21	EGAN, Tom	Carrick AC	Senior Men	06:30.3	19
57	0:32:34	MORKAN, Conor	Clonmel AC	Senior Men	06:33.0	164

58	0:32:46	BROWNE, John		Senior Men	06:35.4	59
59	0:32:48	CONNOLLY, Mark	Carrick AC	Men Over 40	06:35.8	126
60	0:32:58	HORGAN, Barry	Clonmel AC	Senior Men	06:37.8	167
61	0:33:06	FAHEY, Kieran		Men Over 40	06:39.4	115
62	0:33:10	MORONEY, Tom	West Waterford	Men Over 50	06:40.2	158
63	0:33:12	BURKE, Ray	West Waterford	Men Over 45	06:40.6	156
64	0:33:19	KING, Niall	Irish Naval Services	Senior Men	06:42.0	87
65	0:33:20	CONDON, Kevin	Kilsheelan	Senior Men	06:42.2	148
66	0:33:24	LONG, Edward		Men Over 40	06:43.0	45
67	0:33:30	GRIFFIN, Ger		Senior Men	06:44.2	42
68	0:33:31	BOURKE, Tom		Men Over 45	06:44.4	50
69	0:33:32	O'RIORDAN, Packie	West Limerick	Men Over 50	06:44.6	51
70	0:33:51	O'GRADY, Billy	Clonmel AC	Men Over 45	06:48.4	46
71	0:33:52	O'BRIEN, James	Clonmel AC	Senior Men	06:48.6	54
72	0:33:54	O'MEARA, Andrew	Carrick AC	Men Over 40	06:49.0	71
73	0:33:56	O'BRIEN, Ned	Clonmel AC	Men Over 55	06:49.4	13
74	0:34:02	DOWNEY, Andrew	Carrick AC	Senior Men	06:50.7	70
75	0:34:06	BARRY, Joe	West Waterford	Senior Men	06:51.5	140
76	0:34:13	BRUNNOCK, Paul	West Waterford	Men Over 40	06:52.9	92
77	0:34:17	TORPEY, Barry	Carrick AC	Men Over 40	06:53.7	154
78	0:34:24	GALLOWAY, Andrew	Coolquill	Men Over 45	06:55.1	31
79	0:34:25	TOBIN, John	Clonmel AC	Senior Men	06:55.3	25
80	0:34:32	POWER, Jacinta	Waterford AC	Ladies Over 35	06:56.7	172
81	0:34:36	POWER, Tom		Senior Men	06:57.5	114
82	0:34:43	RYAN, Christopher		Men Over 40	06:58.9	103
83	0:34:44	unknown	unknown	unknown	06:59.1	66
84	0:34:45	O'SHEA, Alan	Clonmel AC	Senior Men	06:59.3	24
85	0:34:56	DOHERTY, Tom		Men Over 45	07:01.5	12
86	0:35:04	CURRAN, Philip		Junior Boys	07:03.1	11
87	0:35:07	DOUGLAS, Larry	Carrick Triathlon Club	Senior Men	07:03.7	96
88	0:35:11	DOOL, Sereena		Senior Ladies	07:04.5	17
89	0:35:20	O'CONNOR, Jerry	West Waterford	Men Over 45	07:06.3	173
90	0:35:22	UICHUIRRIN, Josie	West Waterford	Ladies Over 45	07:06.7	76
91	0:35:26	FLEMMING, Liam		Senior Men	07:07.5	61
92	0:35:31	O'MEARA, John	Carrick AC	Men Over 40	07:08.6	159
93	0:35:32	COLLINS, Gordon	Carrick AC	Senior Men	07:08.8	82
94	0:35:34	DERMODY, Stephen	KCH	Senior Men	07:09.2	43
95	0:35:35	DERMODY, Paul		Senior Men	07:09.4	41
96	0:35:37	CORBETT, Con	Thurles Crokes	Men Over 50	07:09.8	83
97	0:35:44	LASTE, John	Clonmel AC	Men Over 45	07:11.2	139
98	0:35:48	CUDDIHY, Martin		Senior Men	07:12.0	72
99	0:35:54	WADE, Michael	West Waterford	Men Over 50	07:13.2	8
100	0:35:54	MAUNSELL, Nicola	Clonmel AC	Ladies Over 35	07:13.2	91
101	0:35:55	O'MEARA, Eamonn		Men Over 45	07:13.4	49
102	0:35:56	O'CONNOR, Vincent		Senior Men	07:13.6	40
103	0:36:01	O'CONNELL, Nannette	Carrick AC	Senior Ladies	07:14.6	2
104	0:36:05	LONGAN, Tom	West Waterford	Senior Men	07:15.4	36
105	0:36:07	HALLISSEY, Brian		Senior Men	07:15.8	38
106	0:36:17	WALSH, Trevor		Senior Men	07:17.8	153
107	0:36:22	GRANT, John		Senior Men	07:18.8	58
108	0:36:24	GRAHAM, Brian		Senior Men	07:19.2	93
109	0:36:34	LONERGAN, Adrian		Senior Men	07:21.2	134
110	0:36:44	CROTTY, Kyle		Senior Men	07:23.2	67
111	0:36:58	O'DONOGHUE, Donal		Men Over 40	07:26.1	73
112	0:36:58	TOBIN, David		Senior Men	07:26.1	4
113	00:37:16	GAFFNEY, Andrea	West Waterford	Ladies Over 40	06:29.7	66
114	0:37:16	LAWLOR, Maura	Waterford AC	Ladies Over 45	07:29.7	170
115	0:37:18	HALPIN, Paddy	Ballynonty	Men Over 55	07:30.1	138
116	0:37:19	PRENDERGAST, Bernie	West Waterford	Ladies Over 50	07:30.3	88
117	0:37:24	SHERIDAN, Martina	Kilkenny Harriers	Ladies Over 35	07:31.3	68
118	0:37:30	NOLAN, Ray		Senior Men	07:32.5	150

119	0:37:31 O'HALLORAN, Barry		Senior Men	07:32.7	89
120	0:37:47 O'DONNELL, Paul	Carrick AC	Senior Men	07:35.9	111
121	0:38:02 LAFFAN, Kieran	Waterford AC	Men Over 40	07:38.9	20
122	0:38:02 GRINSELL, Joe	Clonmel AC	Men Over 60	07:38.9	6
123	0:38:03 CURAN, Ray	West Waterford	Men Over 40	07:39.1	104
124	0:38:04 O'LEARY, Ted	West Waterford	Men Over 40	07:39.3	146
125	0:38:09 BRENNAN, Grainne		Senior Ladies	07:40.3	128
126	0:38:12 POWER, Bernadette	Waterford AC	Senior Ladies	07:40.9	86
127	0:38:21 KIRWAN, Assumpta		Ladies Over 50	07:42.7	168
128	0:38:24 DUNFORD, Joanne	West Waterford	Ladies Over 40	07:43.3	129
129	0:38:25 O'BRIEN, Emer		Ladies Over 40	07:43.5	160
130	0:38:39 HOULIHAN, Geraldine	Carrick AC	Ladies Over 45	07:46.4	74
131	0:38:42 WALSH, Keith	Waterford AC	Senior Men	07:47.0	171
132	0:38:44 CLARKE, Irene		Ladies Over 40	07:47.4	107
133	0:38:46 MASSY, Anne	West Waterford	Ladies Over 35	07:47.8	47
134	0:38:58 WALSH, Eddy		Men Over 60	07:50.2	32
135	0:39:05 CRONIN, Ann	Carrick AC	Ladies Over 45	07:51.6	27
136	0:39:07 MURPHY, Mike	West Waterford	Men Over 50	07:52.0	64
137	0:39:11 POWER, Onra	West Waterford	Ladies Over 45	07:52.8	95
138	0:39:16 unknown	unknown	unknown	07:53.8	143
139	0:39:18 PROCTOR, Pascal	West Waterford	Men Over 55	07:54.2	28
140	0:39:21 CORCORAN, Kevin		Senior Men	07:54.8	116
141	0:39:28 O'HALLORAN, Michael		Senior Men	07:56.2	90
142	0:39:30 CURRAN, Jurate		Ladies Over 35	07:56.6	30
143	0:39:31 HALLEY, James		Senior Men	07:56.8	152
144	0:39:48 O'DONNELL, Tara	Carrick AC	Ladies Over 40	08:00.2	78
145	0:39:54 SKERRIT, Aishling	Carrick AC	Ladies Over 35	08:01.4	77
146	0:40:04 KIELY, Catriona	West Waterford	Ladies Over 35	08:03.5	48
147	0:40:12 DE FAOITE, Sinead		Senior Ladies	08:05.1	75
148	0:40:22 KELLEHER, Con	Waterford AC	Men Over 55	08:07.1	135
149	0:40:24 CONNOLLY, Brian		Men Over 40	08:07.5	62
150	0:40:34 HANLON, John		Men Over 40	08:09.5	15
151	0:40:50 O'GORMAN, Mary	Clonmel AC	Ladies Over 45	08:12.7	29
152	0:41:43 SEXTON, Bernie	Carrick AC	Ladies Over 55	08:23.4	143
153	0:41:48 KAVANAGH, Paula	Waterford AC	Ladies Over 50	08:24.4	149
154	0:41:58 BLACKMORE, Ethan	Carrick AC	Senior Men	08:26.4	161
155	0:42:57 CLEARY, Geraldine	Carrick AC	Senior Ladies	08:38.3	37
156	0:43:26 CORCORAN, Mark		Senior Men	08:44.1	35
157	0:43:30 KIRWAN, Phillipa	Tramore ac	Ladies Over 40	08:44.9	85
158	0:43:43 HURLEY, Darrell		Junior Boys	08:47.5	10
159	0:45:02 O'DEA, Jason		Senior Men	09:03.4	33
160	0:45:49 TOBIN, Jackie		Ladies Over 40	09:12.8	155
161	0:46:00 O'BRIEN, Alison		Senior Ladies	09:15.1	14
162	0:46:05 HOOTON, Mary	Kill Road Runners	Ladies Over 50	09:16.1	97
163	0:46:10 BARTLEY, Colin		Senior Men	09:17.1	3
164	0:47:57 WHITE, Michael		Men Over 50	09:38.6	110
165	0:48:19 HEARNE, Emma		Senior Ladies	09:43.0	102
166	0:49:11 NEEDHAM, Val		Men Over 45	09:53.5	63
167	0:49:17 GOUGH, Terri	West Waterford	Ladies Over 60	09:54.7	151
168	0:49:42 CROTTY, Catherine		Senior Ladies	09:59.7	60
169	1:00:45 LATCHFORD, Katherine		Ladies Over 50	12:13.1	81
170	1:00:46 MCGEE, Oliver		Senior Men	12:13.3	34
171	1:05:01 LACEY, Marrison		Ladies Over 55	13:04.5	80

Category Winners

Senior Men

1	0:25:35	MURPHY, Brian	Carrick AC	Senior Men	05:08.7	120
2	0:25:46	ZAKIS, Ravis	West Waterford	Senior Men	05:10.9	141
3	0:26:05	HARTY, Philip	West Waterford	Senior Men	05:14.7	5

Men O40

14	0:28:24	DOHERTY, Declan	Thurles Crokes	Men Over 40	05:42.7	105
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Men O45

8	0:27:40	O'SULLIVAN, Pat	Carrick AC	Men Over 45	05:33.8	109
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Men O50

29	0:29:48	CRONIN, Brendan	Carrick AC	Men Over 50	05:59.6	16
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Men O55

26	0:29:31	GOUGH, Joe	West Waterford	Men Over 55	05:56.1	131
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Men O60

122	0:38:02	GRINSELL, Joe	Clonmel AC	Men Over 60	07:38.9	6
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Senior Ladies

12	0:28:09	Siobhan	Borrisokane	Senior Ladies	05:39.7	147
30	0:29:51	MCCANN, Angela	Clonmel AC	Ladies Over 40	06:00.2	145
31	0:29:52	MALONE, Sylvia	Waterford AC	Ladies Over 35	06:00.4	124

Ladies O35

37	0:30:07	O'DWYER, Martina	Carrick AC	Ladies Over 35	06:03.4	137
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Ladies O40

113	00:37:16	GAFFNEY, Andrea	West Waterford	Ladies Over 40	06:29.7	66
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Ladies O45

90	0:35:22	UICHUIRRIN, Josie	West Waterford	Ladies Over 45	07:06.7	76
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Ladies O50

116	0:37:19	Bernie	West Waterford	Ladies Over 50	07:30.3	88
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Ladies O55

152	0:41:43	SEXTON, Bernie	Carrick AC	Ladies Over 55	08:23.4	143
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Ladies O60

167	0:49:17	GOUGH, Terri	West Waterford	Ladies Over 60	09:54.7	151
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Team Prize

6	0:27:17	MURPHY, Michael	Carrick AC	Senior Men	05:29.2	119
9	0:27:46	WATERS, David	Carrick AC	Senior Men	05:35.0	112
11	0:28:06	Tommy	Carrick AC	Senior Men	05:39.1	132

