

**Carrick-on-Suir Road Runners  
SuperValu Winter League 2013**

**Week Seven Results – Tuesday November 19<sup>th</sup> – 5 km**

<b>Race Number</b>	<b>Name</b>	<b>Finish Time on Clock</b>	<b>Week Seven Handicap</b>	<b>Actual Time Taken</b>	<b>Week Seven Points</b>
580	John Paul Mackey	00:33:59	00:12:00	00:21:59	1
579	Penny Alvarez	00:36:46	00:10:00	00:26:46	2
574	Colin Tobin	00:32:55	00:12:00	00:20:55	3
414	Lynn Nolan	00:34:23	00:02:00	00:32:23	4
555	Colin Power	00:34:08	00:14:00	00:20:08	5
441	Maria O'Dwyer	00:35:09	00:06:00	00:29:09	6
537	Pat Walsh	00:33:49	00:10:00	00:23:49	7
401	Gemma Fitzpatrick	00:34:43	00:08:00	00:26:43	8
517	Tommy O'Shea	00:33:25	00:06:00	00:27:25	9
409	Jeffrey Brophy	00:34:45	00:16:00	00:18:45	10
276	Glen Conway	00:32:39	00:10:00	00:22:39	11
554	Francis Kennedy	00:33:55	00:12:00	00:21:55	12
531	Thomas Kavanagh	00:35:26	00:16:00	00:19:26	13
448	Caroline Busher	00:33:12	00:06:00	00:27:12	14
489	Patrick Harte	00:35:32	00:14:00	00:21:32	15
422	Emma Lonergan	00:34:14	00:06:00	00:28:14	16
388	Jamie Walsh	00:33:19	00:12:00	00:21:19	17
420	Kevin Freaney	00:33:26	00:08:00	00:25:26	18
342	Ciara Doyle	00:35:29	00:10:00	00:25:29	19
576	John O'Riordan	00:36:53	00:18:00	00:18:53	20
518	Liam Rockett	00:34:52	00:16:00	00:18:52	21
521	John O'Meara	00:36:09	00:16:00	00:20:09	22
300	Liam Knox	00:33:56	00:12:00	00:21:56	23
553	Joy Hearne	00:34:00	00:12:00	00:22:00	24
428	Aine Knox	00:35:07	00:08:00	00:27:07	25
509	Emer Delahunty	00:33:35	00:04:00	00:29:35	26
462	Andrew Downey	00:35:19	00:18:00	00:17:19	27
511	Josephine O'Dwyer	00:33:54	00:12:00	00:21:54	28
302	Valerie Norris	00:35:05	00:08:00	00:27:05	29
538	Keith Butler	00:33:15	00:10:00	00:23:15	30
577	Tom Egan	00:37:01	00:18:00	00:19:01	31
408	Helena Faulkner	00:36:13	00:08:00	00:28:13	32
411	Amy Lanigan	00:35:38	00:08:00	00:27:38	33
407	Cian Power	00:35:39	00:16:00	00:19:39	34
296	Aaron O'Donnell	00:35:58	00:18:00	00:17:58	35
534	Laura Tobin	00:34:21	00:08:00	00:26:21	36
544	Gordon Collins	00:35:42	00:14:00	00:21:42	37
416	Michael Freaney	00:37:06	00:18:00	00:19:06	38
326	Marian Kendrick	00:34:28	00:10:00	00:24:28	39
461	Robert Briscoe	00:36:59	00:16:00	00:20:59	40
404	Seamus Ward	00:37:05	00:18:00	00:19:05	41

<b>Race Number</b>	<b>Name</b>	<b>Finish Time on Clock</b>	<b>Week Seven Handicap</b>	<b>Actual Time Taken</b>	<b>Week Seven Points</b>
527	Valerie O'Callaghan	00:35:43	00:14:00	00:21:43	42
329	Amy-Leigh Cahill	00:35:44	00:12:00	00:23:44	43
552	Anita Kealy	00:36:22	00:10:00	00:26:22	44
520	Julie Gough	00:33:37	00:04:00	00:29:37	45
456	Terri Gough	00:33:45	00:04:00	00:29:45	46
500	Mary Molloy	00:36:16	00:16:00	00:20:16	47
449	Michelle Russell	00:34:03	00:10:00	00:24:03	48
487	Chris McNamara	00:35:14	00:14:00	00:21:14	49
397	Nicola Barry	00:34:22	00:06:00	00:28:22	50
440	Bernie Sexton	00:36:34	00:14:00	00:22:34	51
562	James Sullivan	00:37:57	00:10:00	00:27:57	52
430	Ger Brennan	00:36:58	00:18:00	00:18:58	53
292	Michael O'Sullivan	00:36:03	00:18:00	00:18:03	54
427	Sean O'Donovan	00:36:19	00:14:00	00:22:19	55
405	Mary Egan	00:47:05	00:22:00	00:25:05	56
352	Aoife Doyle	00:32:49	00:10:00	00:22:49	57
423	Paula Walsh	00:34:36	00:10:00	00:24:36	58
513	Tommy Falconer	00:35:24	00:18:00	00:17:24	59
522	Eamon O'Meara	00:35:35	00:14:00	00:21:35	60
572	Pat Nolan	00:36:06	00:18:00	00:18:06	61
447	Corwyn O'Brien	00:37:57	00:18:00	00:19:57	62
499	Sandra Kerwick	00:35:28	00:08:00	00:27:28	63
523	Orla Lucey	00:33:59	00:04:00	00:29:59	64
437	Tom Kent	00:35:49	00:14:00	00:21:49	65
563	Tommy Mackey	00:35:25	00:14:00	00:21:25	66
297	Pat O'Sullivan	00:35:34	00:18:00	00:17:34	67
287	Jamie Grace	00:35:42	00:12:00	00:23:42	68
466	Georgina Skehan	00:38:30	00:06:00	00:32:30	69
402	Nicola Walsh	00:37:45	00:06:00	00:31:45	70
314	Lisa Cahill	00:35:06	00:10:00	00:25:06	71
526	Caitriona Phelan	00:37:50	00:06:00	00:31:50	72
308	Tom Burke	00:36:57	00:16:00	00:20:57	73
464	Kathleen O'Hanlon	00:37:36	00:06:00	00:31:36	74
530	Ber Bartley	00:37:54	00:06:00	00:31:54	75
412	Michelle Byrne	00:37:45	00:06:00	00:31:45	76
551	Sinead Nolan	00:37:27	00:12:00	00:25:27	77
571	Christina Crowley	00:37:28	00:12:00	00:25:28	78
556	Will O'Reilly	00:34:20	00:10:00	00:24:20	79
570	Eoin Tobin	00:42:45	00:06:00	00:36:45	80