

Carrick-on-Suir Road Runners AC

Summer Series 2022

Race 4: Piltown 5 Mile Friday July 29th 7.30 pm

Finishing Position	Race Number	Name	Finish Time	Pace (Min/Mile)	Club	Age Category
1	249	CIOBANU, Sergiu	00:25:12	05:02.3	Clonliffe Harriers	Senior Men
2	321	GORMAN, Dermot	00:26:49	05:21.7	Carrick AC	Mens Over 40
3	323	MURPHY, Noel	00:26:52	05:22.3	Waterford AC	Senior Men
4	266	O'BRIEN, Craig	00:26:54	05:22.7	Ferrybank	Senior Men
5	317	WALSH, Derek	00:28:12	05:38.3	Carrick AC	Mens Over 45
6	272	O'SHEA, Barry	00:28:25	05:40.9	Carrick AC	Senior Men
7	271	HARRINGTON, Tomas	00:28:58	05:47.5	united striders	Senior Men
8	268	MCGRATH, John	00:29:16	05:51.1	united striders	Mens Over 45
9	331	COUGHLAN, Alban	00:29:33	05:54.5		Senior Men
10	277	KEANE, Martin	00:29:50	05:57.9	Dundrum	Mens Over 40
11	319	MORAN, Paul	00:29:51	05:58.1	KCH	Mens Over 45
12	326	TIDESWELL, Kealey	00:30:14	06:02.7	Clonliffe Harriers	Ladies Over 35
13	496	O'KEEFFE, Eugene	00:30:22	06:04.3	Carrick AC	Mens Over 50
14	312	DELANEY, Sean	00:30:42	06:08.3	Marino	Mens Over 50
15	313	FIELDING, Liam	00:31:08	06:13.5	Carrick AC	Mens Over 45
16	329	VEALE, Kate	00:31:22	06:16.3	West Waterford	Senior Ladies
17	282	MCCANN, Angela	00:31:29	06:17.7	Clonmel AC	Lades Over 50
18	274	HAHESSY, Ray	00:31:54	06:22.7	West Waterford	Mens Over 55
19	273	CONNORS, Jimmy	00:32:04	06:24.7	West Waterford	Senior Men
20	344	HAHESSY, Benny	00:32:18	06:27.5	Carrick AC	Mens Over 45
21	318	GRACE, Anthony	00:32:33	06:30.5	Carrick AC	Mens Over 45
22	311	GOUGH, Joe	00:32:35	06:30.9	West Waterford	Mens Over 60
23	314	GROGAN, Michael	00:33:22	06:40.3	KCH	Mens Over 55
24	500	MAHONY, Joan	00:34:12	06:50.3		Ladies Over 40
25	310	DOWNEY, Gavin	00:34:27	06:53.3		Senior Men
26	333	KEANE, Mary	00:34:28	06:53.5	Dundrum	Ladies Over 35
27	332	KENNIGTON, Nigel	00:34:51	06:58.1		Senior Men
28	285	LYONS, Johnny	00:34:55	06:58.9	Carrick AC	Mens Over 40
29	346	O'SULLIVAN, John	00:34:57	06:59.3	Waterford AC	Mens Over 40
30	269	STEED, Mary	00:35:27	07:05.2	Kingsriver AC	Lades Over 50
31	497	GROGAN, Geraldine	00:35:28	07:05.4	KCH	Lades Over 50
32	343	O'DWYER, William	00:35:38	07:07.4		Mens Over 40
33	327	CARPENDALE, George	00:35:51	07:10.0	St Senans	Mens Over 40
34	315	FITZGERALD, Ann	00:36:31	07:18.0	Waterford AC	Ladies Over 55
35	499	MOLLOY, Mary	00:36:43	07:20.4	Kingsriver AC	Ladies Over 40
36	267	COUGHLAN, Patrick	00:36:47	07:21.2		Mens Over 40
37	283	COMERFORD, Kyle	00:36:55	07:22.8		Senior Men
38	341	MAUNSELL, Nicola	00:36:59	07:23.6	Clonmel AC	Lades Over 50
39	345	CLEARY, Paul	00:37:00	07:23.8	Waterford AC	Mens Over 45
40	339	BURKIN, Johnny	00:37:04	07:24.6	West Waterford	Senior Men

Finishing Position	Race Number	Name	Finish Time	Pace (Min/Mile)	Club	Age Category
41	251	KEHOE, Martin	00:37:22	07:28.2	united striders	Mens Over 50
42	276	HOGAN, Tom	00:37:36	07:31.0	West Waterford	Mens Over 45
43	347	LANIGAN, Dermot	00:38:06	07:37.0	Carrick AC	Mens Over 40
44	325	POWER, Deirdre	00:38:58	07:47.4	Carrick AC	Ladies Over 40
45	270	O'GRADY, Billy	00:39:20	07:51.8		Mens Over 55
46	498	EGAN, Tom	00:39:29	07:53.6	Carrick AC	Mens Over 50
47	281	COFFEY, Bridget	00:40:50	08:09.8	West Waterford	Lades Over 50
48	286	POWER, Mags	00:41:07	08:13.2	Carrick AC	Ladies Over 55
49	316	RIORDAN, John	00:41:10	08:13.8		Mens Over 40
50	324	CASHIN, Lorraine	00:41:19	08:15.6	united striders	Ladies Over 35
51	336	PHELAN, Leanne	00:41:42	08:20.2	Carrick AC	Ladies Over 35
52	278	O'BRIEN, Emer	00:42:11	08:26.0	Carrick AC	Lades Over 50
53	334	HUGHES, Catherine	00:42:40	08:31.8		Lades Over 50
54	330	MALONEY, Thomas	00:43:15	08:38.8		Mens Over 40
55	322	O'CALLAGHAN, Valerie	00:43:30	08:41.8	St Senans	Ladies Over 45
56	250	WALSH, Bridget	00:44:16	08:51.0	Carrick AC	Ladies Over 45
57	320	CULLEN, Aine	00:44:29	08:53.6	united striders	Ladies Over 40
58	335	FOSKIN, Patsy	00:45:39	09:07.6	St Senans	Ladies Over 55
59	284	COMERFORD, Eva	00:46:34	09:18.6		Senior Ladies
60	275	O'DWYER, Tommy	00:47:52	09:34.2		Mens Over 55
61	279	COADY, Wayne	00:48:28	09:41.4		Mens Over 40
62	280	WALSH, Pat	00:48:29	09:41.6	Clonmel AC	Mens Over 50
63	328	DUNGHAN, Sean	00:49:22	09:52.2		Mens Over 55
64	340	CORMAN, Eamon	00:49:38	09:55.4		Mens Over 50
65	338	CLANCY, Deirdre	00:55:23	11:04.4	West Waterford	Ladies Over 55
66	342	CONNOLLY, Damien	00:56:26	11:17.0		Senior Men
67	337	CUDDIHY, Conor	00:56:30	11:17.8		Senior Men

There were 67 competitors.