

CARRICK-ON-SUIR AC SUMMER SERIES 2016**Race 2- Deadmans 5 Mile****Friday 3rd June 2016 7.30 pm****Results for All Competitors in finish order**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
1	0:25:39	MAUNSELL, Kevin	Clonmel AC	Senior Men	05:07.7	320
2	0:26:08	MURPHY, Brian	Carrick AC	Senior Men	05:13.5	347
3	0:26:31	SHEIL, Niall	St Killians	Senior Men	05:18.1	302
4	0:26:52	SMITH, Danny	Ballynonty	Senior Men	05:22.3	338
5	0:27:06	MURPHY, Noel	Waterford AC	Senior Men	05:25.1	408
6	0:27:16	COGHLAN, Alban	Crusaders AC	Senior Men	05:27.1	409
7	0:27:31	WALSH, Derek	Carrick AC	Senior Men	05:30.1	372
8	0:27:55	POWER, Trevor	Waterford AC	Senior Men	05:34.9	322
9	0:27:57	BOLAND, Jimmy	Clonmel AC	Senior Men	05:35.3	332
10	0:28:24	COLEMAN, Kevin		Senior Men	05:40.7	396
11	0:28:26	RYAN, Dermot	West Waterford	Mens Over 40	05:41.1	301
12	0:28:34	SMYTH, David	Waterford AC	Mens Over 40	05:42.7	391
13	0:28:44	CUDDIHY, Brian	Waterford AC	Senior Men	05:44.7	337
14	0:29:04	ROWE, Dean	St Josephs	Senior Men	05:48.7	335
15	0:29:06	HAYES, Dermot	Dundrum	Mens Over 45	05:49.1	352
16	0:29:12	QUINLAN, Tony	Waterford AC	Senior Men	05:50.3	323
17	0:29:42	LYNCH, Kevin		Mens Over 40	05:56.3	390
18	0:29:54	GRANT, Pat		Senior Men	05:58.7	339
19	0:30:00	NOLAN, Pat	Waterford AC	Mens Over 40	05:59.9	324
20	0:30:10	MURRAY, Ger		Mens Over 45	06:01.9	326
21	0:30:23	SWIFT, Trevor		Senior Men	06:04.5	387
22	0:30:25	ANNAN, Claire	Clonmel AC	Senior Ladies	06:04.9	373
23	0:30:27	O'SULLIVAN, Michael	Carrick AC	Mens Over 40	06:05.3	363
24	0:30:29	DUNFORD, Michael	West Waterford	Mens Over 50	06:05.7	356
25	0:30:36	HAHESSY, Benny	Carrick Triathlon Club	Mens Over 40	06:07.1	348
26	0:30:39	MALONE, Sylvia	Waterford AC	Ladies Over 40	06:07.7	306
27	0:30:53	MOLONEY, Michael		Senior Men	06:10.5	300
28	0:31:02	O'CEALLAIGH, Niall	Clonmel AC	Mens Over 45	06:12.3	394
29	0:31:26	DOWNEY, Andrew	Carrick AC	Mens Over 40	06:17.1	412
30	0:32:07	DWYER, Michael	West Waterford	Mens Over 45	06:25.3	413
31	0:32:14	O'SULLIVAN, John	Carrick AC	Senior Men	06:26.7	385
32	0:32:18	O'SULLIVAN, John	Balance Fitness	Senior Men	06:27.5	333
33	0:32:23	MURPHY, Ger	Carrick AC	Senior Men	06:28.5	367
34	0:32:41	COUGHLAN, Eoghan	Carrick AC	Senior Men	06:32.1	149
35	0:32:44	KINANE, Edmund	st nicholas AC	Mens Over 45	06:32.7	379
36	0:32:46	O'DRISCOLL, Keith	Waterford AC	Senior Men	06:33.1	321
37	0:33:08	WARD, Seamus	Carrick AC	Mens Over 45	06:37.5	371
38	0:33:15	KAVANAGH, Thomas		Senior Men	06:38.9	389
39	0:33:16	MAHER, Keith		Senior Men	06:39.1	353
40	0:33:16	FLYNN, Eamonn	Waterford AC	Mens Over 40	06:39.1	304
41	0:33:20	KERWICK, Pat	Carrick AC	Senior Men	06:39.9	380
42	0:33:31	BATTYE, Ed	Waterford AC	Senior Men	06:42.1	303
43	0:33:33	O'SHEA, Alan	Clonmel AC	Senior Men	06:42.5	334
44	0:33:34	BOLAND, Ann Marie	Clonmel AC	Senior Ladies	06:42.7	345
45	0:33:36	FOX, James	Carrick AC	Mens Over 45	06:43.1	344
46	0:33:43	DENN, James	Clonmel AC	Mens Over 40	06:44.5	343
47	0:34:07	TIDSWELL, Keely	Clonmel AC	Senior Ladies	06:49.3	346
48	0:34:08	MOLLOY, Mary	Carrick AC	Ladies Over 35	06:49.5	368
49	0:34:10	DERMODY, Paul	Kilkenny Tri	Senior Men	06:49.9	362
50	0:34:33	BURKE, Richard		Senior Men	06:54.5	386

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
51	0:34:50	MOLONEY, John		Senior Men	06:57.9	358
52	0:34:53	CAHILL, Tommy	Clonmel AC	Mens Over 60	06:58.5	364
53	0:34:54	PERRY, John	Clonmel AC	Mens Over 45	06:58.7	341
54	0:34:59	BRANNIGAN, Sinead	Waterford AC	Senior Ladies	06:59.7	328
55	0:35:04	MOLLOY, Dermot		Senior Men	07:00.7	369
56	0:35:27	CUNNINGHAM, Peter	West Waterford	Senior Men	07:05.2	355
57	0:35:34	TAPIA, Guillermo		Mens Over 40	07:06.6	299
58	0:35:38	O'DONOGHUE, Donal		Mens Over 45	07:07.4	388
59	0:35:58	PONCE DE LEON, Miguel		Mens Over 40	07:11.4	425
60	0:36:00	O'LOUGHLIN, Darren	Carrick AC	Senior Men	07:11.8	392
61	0:36:06	BYRNE, Anna	Clonmel AC	Ladies Over 50	07:13.0	329
62	0:36:09	BEHAN, Diane	Waterford AC	Ladies Over 45	07:13.6	298
63	0:36:15	O'GRADY, Billy	Newcastle	Mens Over 50	07:14.8	375
64	0:36:22	BLAIR, Gabrielle	Waterford AC	Ladies Over 50	07:16.2	378
65	0:36:34	PERRY, Sheila	Clonmel AC	Ladies Over 45	07:18.6	342
66	0:36:39	PARLE, Pat		Mens Over 55	07:19.6	366
67	0:37:05	BOLAND, Maurice	Clonmel AC	Mens Over 60	07:24.8	422
68	0:37:07	GOLDRING, Alastair		Mens Over 40	07:25.2	402
69	0:37:57	MURPHY, Jane	Waterford AC	Senior Ladies	07:35.2	424
70	0:38:07	HEYLIN, Siobhan	Waterford AC	Senior Ladies	07:37.2	377
71	0:38:11	FLYNN, Sharon	Waterford AC	Ladies Over 45	07:38.0	327
72	0:38:28	HANLON, John		Mens Over 45	07:41.4	331
73	0:38:58	HEARN, Therese		Senior Ladies	07:47.4	411
74	0:39:23	LENIHAN, Paul	West Waterford	Mens Over 45	07:52.4	351
75	0:39:43	O'NEILL, Kevin		Senior Men	07:56.4	357
76	0:39:45	CURRAN, Eamon	West Waterford	Mens Over 40	07:56.8	393
77	0:39:52	PRENDERGAST, Bernie	West Waterford	Ladies Over 55	07:58.2	376
78	0:39:54	MASSEY, Anne	West Waterford	Ladies Over 40	07:58.6	401
79	0:40:00	HIGGINS, Sharon	West Waterford	Ladies Over 35	07:59.8	382
80	0:40:42	O'CONNELL, Hilary	Waterford AC	Senior Ladies	08:08.2	407
81	0:40:46	POWER, Onra	West Waterford	Ladies Over 50	08:09.0	410
82	0:40:47	O'DWYER, Derek	Carrick AC	Senior Men	08:09.2	404
83	0:41:13	CUNNINGHAM, Michelle	West Waterford	Senior Ladies	08:14.4	381
84	0:41:14	KENNEDY, Derek		Mens Over 40	08:14.6	354
85	0:41:44	MCGRATH, Ted		Mens Over 55	08:20.6	384
86	0:42:05	HENNEBRY, Ruth	Huffers & Puffers	Ladies Over 35	08:24.8	349
87	0:42:31	CROWLEY, Eamon	Clonmel AC	Mens Over 60	08:30.0	340
88	0:42:40	CONDON, Catherine	West Waterford	Ladies Over 50	08:31.8	395
89	0:43:04	HARTLEY, Pauline		Ladies Over 35	08:36.6	374
90	0:43:13	KENNEDY, Lorraine		Ladies Over 35	08:38.4	330
91	0:43:17	COADY, Wayne	Carrick AC	Senior Men	08:39.2	406
92	0:43:20	WALSH, Deirdre	Carrick AC	Senior Ladies	08:39.8	403
93	0:43:25	LENIHAN, Siobhan	West Waterford	Ladies Over 45	08:40.8	350
94	0:44:44	HUTTON, Ginny	Fethard	Ladies Over 50	08:56.6	365
95	0:46:11	NAGLE, Sinead	Carrick AC	Ladies Over 40	09:14.0	405
96	0:46:14	DUNNE, Sean		Senior Men	09:14.6	383
97	0:46:24	BARTLEY, Lisa		Ladies Over 35	09:16.6	423
98	0:47:16	GLASCOTT, Ber		Ladies Over 55	09:27.0	336
99	0:48:56	DUNNE, Sinead	Carrick AC	Senior Ladies	09:47.0	370
100	0:49:00	HYLAND, Mary		Senior Ladies	09:47.8	305
101	0:50:52	MANSFIELD, Cathy	Clonmel AC	Ladies Over 40	10:10.2	325

There were 101 finishers in the All Competitors category.