

Carrick-on-Suir Road Runners AC

SuperValu Spring League 2019

Week 1 Results (4k)

Finishing Position	Name	Finish Time
1	Patrick Roche	0:14:20
2	Andrew Downey	0:15:06
3	James Sullivan	0:15:14
4	Benny Hahessy	0:15:17
5	Brian Graham	0:15:18
6	Eugene O'Keeffe	0:15:26
7	Joe Gough	0:15:26
8	Robert Power	0:15:50
9	PJ Guinan	0:16:09
10	John Carroll	0:16:09
11	Michael Freaney	0:16:49
12	James Fox	0:16:53
13	Thomas Kavanagh	0:17:08
14	Ross Cleary	0:17:12
15	Miguel Ponce De Leon	0:17:28
16	Dermot Lanigan	0:17:31
17	Deirdre O'Sullivan	0:17:39
18	Tommy Falconer	0:18:04
19	Pat Parle	0:19:09
20	Deirdre Power	0:19:38
21	Mags Power	0:19:38
22	Danny Power	0:20:12
23	Tara Norris	0:20:15
24	Bernie Sexton	0:20:16
25	Sarah Gough	0:20:18
26	Mary Molloy	0:20:20
27	Maura O'Neill	0:20:30
28	Ann Cronin	0:21:07
29	Sean Dunne	0:21:14
30	David Butler	0:21:24
31	Mary Kelly	0:21:41
32	Sinead Dunne	0:22:15
33	Jason O'Brien	0:22:15
34	Yvonne Walsh	0:22:30
35	Georgina Cullen	0:22:37
36	Lucy Walsh	0:23:01
37	Kevin Barry	0:23:03
38	Gillian Cooper	0:23:40
39	Ber Glascott	0:24:30
40	Linda Fahy	0:24:40
41	Nanette O'Connell	0:25:25
42	Audrey Halpin	0:25:25