

Carrick-on-Suir Road Runners AC

Guinans SuperValu Spring League 2022

Times for Each of the Eight Weeks

Bib No	Name	Week 1 Time	Week 2 Time	Week 3 Time	Week 4 Time	Week 5 Time	Week 6 Time	Week 7 Time	Week 8 Time
2	Liam Fielding	00:15:07	00:14:51	00:15:00	00:14:37	00:15:06			
3	Elieen O'Connell	00:22:12	00:21:03	00:20:30	00:19:41	00:19:35	00:19:07	00:19:06	00:18:24
4	Miguel Ponce De Leon	00:16:08		00:15:54	00:15:21	00:18:19			00:16:08
5	Barry O'Shea	00:14:30				00:15:15		00:14:30	
6	Eugene O'Keeffe	00:15:05	00:14:48	00:14:43	00:14:35	00:14:45	00:14:55	00:14:50	00:14:42
7	Joe Gough	00:16:17							
8	Margaret Kirwan	00:29:17	00:26:34	00:27:58	00:26:35				
9	Ber Glascott		00:23:57	00:23:19		00:24:01			
10	Roisin Prendergast	00:23:14	00:21:55			00:21:55			
11	Jennifer Russell	00:24:18	00:23:44	00:23:15					
12	Ann Cronin	00:22:39	00:22:17	00:22:08	00:21:38	00:22:00	00:21:57	00:21:58	00:21:31
13	Mary Fitzpatrick	00:22:01	00:22:39	00:22:50	00:25:13		00:24:20		
14	Niamh Rockett	00:20:23	00:19:36	00:19:35					
15	Caroline O'Neill	00:22:19	00:21:23	00:21:16	00:21:10	00:21:10		00:21:31	00:20:56
16	Catherine O'Donovan	00:26:48	00:25:35						
17	Yvonne Walsh	00:21:35	00:21:16	00:21:14		00:21:15	00:21:21	00:21:27	00:21:19
18	Keith Fraher	00:16:15	00:17:29	00:17:51	00:18:04	00:17:24	00:17:41	00:17:31	00:16:53
19	Brian Graham	00:20:47							
20	Mary Flynn	00:32:51	00:30:48	00:31:13					
21	Tom Egan	00:18:53	00:19:04	00:18:31	00:18:09				
22	Derek O'Dwyer	00:22:20		00:21:45		00:21:53		00:21:25	
23	Shauna Cody	00:22:11	00:21:03	00:20:33	00:20:23	00:20:08		00:20:41	00:19:42
24	Liam Carey	00:16:22	00:16:13	00:16:02	00:15:22	00:15:51	00:15:50	00:16:20	00:15:34
25	William O'Dwyer	00:19:18	00:17:44	00:17:32	00:17:44	00:17:30	00:17:49	00:17:01	
26	Johnny Lyons	00:19:12		00:17:52	00:18:15		00:17:53		
27	Deirdre Power	00:19:33	00:19:02	00:18:39	00:18:28	00:18:38	00:20:27	00:18:28	00:18:11
28	Michael Freaney	00:18:02	00:17:36	00:17:18	00:17:06	00:17:14	00:17:12	00:17:13	00:17:11
29	Micheal Freaney	00:15:00	00:14:43	00:14:30	00:14:29	00:14:27		00:14:44	00:14:39
30	Dermot Lanigan	00:19:46	00:19:09	00:18:35	00:18:21	00:18:38	00:18:00	00:17:47	00:17:21
31	Tina Walsh	00:19:32	00:19:07	00:18:59	00:18:36	00:18:59	00:18:46		00:18:51
32	Leanne Phelan	00:20:25	00:20:13	00:20:21	00:19:49	00:20:07		00:20:03	00:19:33
33	Nicola Fitzgerald	00:19:42	00:19:51	00:18:42	00:18:45	00:18:52	00:18:32	00:18:35	00:18:38
34	Bridget Walsh	00:21:53	00:21:20	00:21:09	00:20:40	00:20:37	00:20:48	00:20:38	00:20:05
35	Barry Drohan	00:14:35	00:14:17	00:14:22	00:14:07	00:14:09	00:14:14	00:14:27	00:13:58
36	Colin Drohan	00:15:10	00:14:54	00:14:40	00:14:31	00:14:44	00:14:47	00:14:46	00:14:19
37	James Hogan	00:17:27	00:16:21	00:16:08	00:16:08				00:16:11
38	Bill Keane	00:25:03	00:21:39	00:20:57	00:20:30	00:20:09	00:21:11	00:20:17	00:18:58
39	Lisa Keane	00:26:11	00:25:14	00:23:48	00:22:08	00:21:25	00:21:37	00:21:40	00:20:57
40	Laura Behan	00:16:57	00:16:19	00:15:55	00:15:37	00:16:22	00:15:56		
41	Amy Harris	00:23:41	00:22:41	00:22:37			00:21:49		00:21:58
42	Conor Power	00:21:51	00:21:15	00:21:09	00:20:50	00:21:02	00:21:15	00:22:21	00:20:59
43	Jackie Dunne	00:23:39	00:22:25	00:22:15	00:21:56	00:21:55	00:21:41	00:21:51	00:21:24
44	Sinead Dunne	00:23:43	00:22:42	00:23:04	00:21:58	00:22:08	00:22:14	00:23:03	00:22:31

Bib No	Name	Week 1 Time	Week 2 Time	Week 3 Time	Week 4 Time	Week 5 Time	Week 6 Time	Week 7 Time	Week 8 Time
45	Benny Hahessy	00:15:58	00:15:56	00:15:39	00:15:16	00:15:26	00:15:29		00:15:41
46	Mary Molloy		00:17:46	00:17:29	00:17:10	00:17:16	00:17:31	00:17:12	00:17:19
47	Geraldine Keating		00:23:55	00:23:09	00:23:14	00:23:51	00:23:45		00:23:18
48	Mags Power		00:21:18	00:20:46	00:20:11	00:20:12	00:21:42	00:20:27	00:19:39
49	Eibhlin Power		00:19:58						00:18:04
50	PJ Guinan		00:17:56	00:15:31		00:15:46	00:15:19	00:15:46	00:15:24
51	Pat Nolan		00:17:56	00:17:56	00:17:24	00:17:41	00:17:58		
52	Bernie Sexton		00:22:26	00:21:46			00:21:40	00:21:34	00:21:12
53	Tim Treacy		00:15:19	00:14:45					
54	Trish Kelly		00:21:27	00:20:53	00:20:38	00:20:24	00:20:23		00:20:13
55	Patrick Roche		00:14:19	00:14:36		00:14:28	00:14:28	00:14:32	00:14:23
56	Emer O'Brien		00:18:57	00:18:31			00:18:31	00:18:32	00:18:15
57	Anthony Grace		00:16:06	00:16:17		00:16:57			
58	Andrew Downey		00:16:22	00:15:45	00:15:24		00:17:11	00:16:35	00:16:15
59	Tom Hogan		00:17:01	00:16:28	00:16:32	00:19:54	00:18:32	00:18:30	00:18:02
60	Louise Wells			00:28:12					
62	James Sullivan						00:16:48	00:16:27	00:16:05
63	Ross Cleary		00:19:08	00:18:33			00:18:30	00:18:23	00:17:56
64	Fiona Fitzpatrick		00:21:07	00:20:31	00:20:05	00:20:04	00:20:09	00:20:24	00:20:00
91	Barry Torpey		00:19:58			00:19:00	00:18:23	00:17:46	00:17:16

Total No of Runners 43 55 55 40 43 40 37 42