

Rathgormack 5 Mile Race 2014

Friday 11 July 2014. 7:30 pm

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
1	0:26:24	MAUNSELL, William	Clonmel AC	Senior Men	05:17.2	499
2	0:27:50	MURPHY, Noel	Waterford AC	Senior Men	05:34.4	512
3	0:28:58	BYRNE, Daragh	Carrick AC	Mens Over 40	05:48.0	544
4	0:29:16	SCOLLARD, PJ	Waterford AC	Senior Men	05:51.6	537
5	0:30:05	CANTWELL, Gary	KCK	Senior Men	06:01.4	551
6	0:30:15	MAHER, Keith	Waterford AC	Senior Men	06:03.5	525
7	0:30:31	MURPHY, Martin		Senior Men	06:06.7	582
8	0:30:43	WALSH, Derek	Carrick AC	Senior Men	06:09.1	538
9	0:31:02	COLBERT, Des	Waterford AC	Senior Men	06:12.9	536
10	0:31:12	DOWNEY, Andrew	Carrick AC	Mens Over 40	06:14.9	565
11	0:31:18	O'SULLIVAN, Michael	Carrick AC	Mens Over 40	06:16.1	550
12	0:31:21	LYNCH, Kevin		Senior Men	06:16.7	569
13	0:31:26	HAHESSY, Ray	West Waterford	Mens Over 50	06:17.7	515
14	0:31:39	O'BRIEN, Keith	Kilsheelan	Senior Men	06:20.3	559
15	0:31:44	BRUNNOCK, John	Carrick AC	Senior Men	06:21.3	567
16	0:31:49	HAHESSY, Benny	Carrick Triathlon Club	Mens Over 40	06:22.3	571
17	0:31:52	McFADDEN, Cornelius	Clonmel AC	Mens Over 45	06:22.9	518
18	0:31:55	ASPEL, Brendan	Waterford AC	Mens Over 45	06:23.5	542
19	0:32:12	MURRAY, Ger		Mens Over 45	06:26.9	554
20	0:32:17	FOX, James	Carrick AC	Mens Over 40	06:27.9	482
21	0:32:26	MAHER, Noel	KCH	Senior Men	06:29.7	517
22	0:32:36	MCCARTHY, Sean		Mens Over 40	06:31.7	547
23	0:32:38	PHELAN, Peter		Senior Men	06:32.1	593
24	0:32:45	CONNORS, Jimmy		Senior Men	06:33.5	520
25	0:32:48	FANNING, Owen	Ballynonty	Senior Men	06:34.1	506
26	0:32:51	FORRISTAL, Sally	St Josephs	Senior Ladies	06:34.7	527
27	0:33:07	EGAN, Tom	Carrick AC	Mens Over 40	06:37.9	480
28	0:33:49	LONGAN, Tom	West Waterford	Mens Over 40	06:46.3	562
29	0:33:54	PONCE DE LEON, Miguel		Mens Over 40	06:47.3	498
30	0:34:00	CAHILL, Tommy	Clonmel AC	Mens Over 55	06:48.5	532
31	0:34:26	CONNOLLY, Francis	Clonmel AC	Senior Men	06:53.7	539
32	0:34:37	QUINLAN, Willie	Waterford AC	Mens Over 40	06:55.9	590
33	0:34:50	BOURKE, Tom	Clonmel AC	Mens Over 45	06:58.5	549
34	0:34:56	CROTTY, John		Senior Men	06:59.7	584
35	0:34:57	CALLAGHAN, Michael	West Waterford	Mens Over 40	06:59.9	534
36	0:34:59	BRENNAN, Ger		Senior Men	07:00.3	587
37	0:35:00	MOLLOY, Mary		Ladies Over 35	07:00.5	586
38	0:35:11	REGAN, Derek		Mens Over 40	07:02.7	513
39	0:35:11	CROTTY, Dan		Mens Over 40	07:02.7	566
40	0:35:12	HOGAN, John Paul		Senior Men	07:02.9	588
41	0:35:18	O'DWYER, Anthony	West Waterford	Mens Over 55	07:04.1	522
42	0:35:35	LASTE, John	Clonmel AC	Mens Over 50	07:07.5	521
43	0:35:41	O'MEARA, John		Mens Over 40	07:08.7	564
44	0:35:52	COLINS, John		Mens Over 40	07:10.9	592
45	0:36:09	CROTTY, Donal		Mens Over 40	07:14.3	560
46	0:36:14	TYRRELL, Francis	Fethard	Mens Over 40	07:15.4	514
47	0:36:24	OMEARA, Eamonn		Mens Over 45	07:17.4	563
48	0:36:36	BURKE, Jason		Senior Men	07:19.8	502
49	0:36:46	ROCKETT, John		Senior Men	07:21.8	505
50	0:36:47	O'CONNOR, Yvonne	Clonmel AC	Ladies Over 40	07:22.0	531
51	0:36:48	MCHALE, Andrew		Mens Over 45	07:22.2	530
52	0:36:55	PARLE, Pat		Mens Over 55	07:23.6	546
53	0:36:58	DOLLARD, Andy	St Senans	Mens Over 50	07:24.2	504
54	0:37:07	MAHER, Lisa	Kilkenny Harriers	Ladies Over 35	07:26.0	516
55	0:37:32	HOGAN, Tom	West Waterford	Senior Men	07:31.0	561
56	0:37:39	O'GRADY, Billy	Newcastle	Mens Over 45	07:32.4	541
57	0:37:41	DUNFORD, Ann	West Waterford	Ladies Over 45	07:32.8	535
58	0:37:56	WALSH, Angela	Clonmel AC	Senior Ladies	07:35.8	596
59	0:38:19	BYRNE, Anna	Clonmel AC	Ladies Over 45	07:40.4	528
60	0:38:25	KELLEHER, Con	Waterford AC	Mens Over 60	07:41.6	548
61	0:38:48	MAHER, Ann	Clonmel AC	Ladies Over 40	07:46.2	497
62	0:39:09	O'MEARA, Sinead	Thurles Crokes	Senior Ladies	07:50.4	589
63	0:39:16	MURPHY, Jane	Waterford AC	Senior Ladies	07:51.8	545
64	0:39:58	HANLON, John		Mens Over 45	08:00.2	581
65	0:40:05	MASSEY, Anne	West Waterford	Ladies Over 40	08:01.6	583
66	0:40:10	NAGLE, Donna	Clonmel AC	Senior Ladies	08:02.6	529
67	0:40:13	BRUNNOCK, Rory		Junior Boys	08:03.2	479
68	0:40:30	O'SHEA, Ed		Mens Over 40	08:06.6	526
69	0:40:45	COLLINS, Gordon	Carrick AC	Mens Over 40	08:09.6	509
70	0:40:59	CRONIN, Ann	Carrick AC	Ladies Over 50	08:12.4	500

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71	0:41:07	LONERGAN, Keith		Senior Men	08:14.0	553
72	0:41:21	GOUGH, JENNY		Senior Ladies	08:16.8	585
73	0:41:26	TREACY, Alan	Carrick AC	Mens Over 45	08:17.8	481
74	0:41:39	PROCTOR, Pascal	West Waterford	Mens Over 60	08:20.4	555
75	0:41:40	GAFFNEY, Andrea	West Waterford	Ladies Over 45	08:20.6	557
76	0:41:45	HIGGINS, Sharon	West Waterford	Senior Ladies	08:21.6	503
77	0:41:46	BRUNNOCK, Paul	West Waterford	Mens Over 45	08:21.8	478
78	0:42:00	MCGRATH, Ted		Mens Over 50	08:24.6	507
79	0:42:05	MCCARTHY, Michael	West Waterford	Mens Over 55	08:25.6	556
80	0:42:27	KIRWAN, Assumpta		Ladies Over 55	08:30.1	570
81	0:42:35	FRAHER, Keith	Clonmel AC	Senior Men	08:31.7	552
82	0:42:46	WALSH, Pat		Mens Over 45	08:33.9	519
83	0:43:03	HOULIHAN, Geraldine	Carrick AC	Ladies Over 50	08:37.3	543
84	0:43:42	CROWLEY, Eamon	Clonmel AC	Mens Over 60	08:45.1	533
85	0:46:10	RUSSELL, Michelle	Carrick AC	Senior Ladies	09:14.7	540
86	0:46:11	WARD, Melanie	Carrick AC	Ladies Over 40	09:14.9	523
87	0:46:16	POWER, Onra	West Waterford	Ladies Over 45	09:15.9	594
88	0:46:17	POWER, Patrick		Mens Over 50	09:16.1	595
89	0:48:14	FOLEY, Michelle		Ladies Over 40	09:39.5	568
90	0:49:39	PRICE, Catriona		Ladies Over 40	09:56.6	524
91	0:50:45	QUIGLEY, Colette		Ladies Over 40	10:09.8	591
92	0:50:49	PHELAN, Siobhan		Senior Ladies	10:10.6	558
93	0:53:25	GOUGH, Terri	West Waterford	Ladies Over 55	10:41.8	508
94	0:54:14	GENC, Sue	West Waterford	Ladies Over 40	10:51.6	477
95	0:56:29	CONWAY, Noelle	West Waterford	Ladies Over 55	11:18.7	510
96	0:56:30	CONWAY, Joe		Mens Over 60	11:18.9	511

There were 96 finishers.