

Carrick-on-Suir Road Runners AC**Summer Series 2023****Race 2: O'Neill Pharmacy Portlaw 5 Mile Friday May 5th 7.30 pm**

Finishing Position	Race Number	Name	Finish Time	Pace (Min/Mile)	Club	Age Category
1	351	FITZGERALD, Evan	00:25:48	05:09.5		Senior Men
2	368	FITZGERALD, Pat	00:25:59	05:11.7	Waterford AC	Senior Men
3	362	O'BRIEN, Craig	00:26:10	05:13.9	Ferrybank	Senior Men
4	370	MURPHY, Noel	00:26:37	05:19.3	Waterford AC	Senior Men
5	398	STOREY, Aubrey	00:27:02	05:24.3	Tramore AC	Mens Over 45
6	374	AHERN, Michael	00:27:19	05:27.7	West Waterford	Mens Over 40
7	372	GOUGH, Dermot	00:27:51	05:34.1	West Waterford	Mens Over 40
8	458	PRICE, Mark	00:27:56	05:35.1	Waterford AC	Senior Men
9	380	BURKE, Damien	00:28:13	05:38.5		Senior Men
10	369	SLATTERY, Brian	00:28:20	05:39.9	Tramore AC	Mens Over 45
11	403	DROHAN, Walter	00:29:18	05:51.5	West Waterford	Mens Over 45
12	451	O'FLAHERTY, Nigel	00:29:24	05:52.7	Clonmel AC	Mens Over 45
13	455	TIDESWELL, Kealey	00:29:30	05:53.9	Clonmel AC	Senior Ladies
14	407	PORTER, Adam	00:29:33	05:54.5	Waterford AC	Mens Over 40
15	348	WHELAN, James	00:29:35	05:54.9	West Waterford	Mens Over 45
16	435	VEALE, Kate	00:29:47	05:57.3	West Waterford	Senior Ladies
17	356	SHANAHAN, Denis	00:29:55	05:58.9	Thurles Crokes	Mens Over 45
18	461	SMYTH, David	00:30:00	05:59.9	Waterford AC	Mens Over 50
19	452	MCCANN, Angela	00:30:24	06:04.7	Clonmel AC	Ladies Over 50
20	460	DUNPHY, Dylan	00:30:24	06:04.7	Waterford AC	Senior Men
21	421	FRAHER, Keith	00:30:25	06:04.9	Carrick AC	Mens Over 45
22	378	CLIFFE, Mark	00:31:39	06:19.7	West Waterford	Mens Over 40
23	381	DUNFORD, Michael	00:31:40	06:19.9	West Waterford	Mens Over 55
24	358	KIRWAN, Martin	00:31:43	06:20.5	Focus on Fitness	Mens Over 50
25	361	DE PAOR, Daithi	00:31:44	06:20.7		Mens Over 55
26	360	WALSH, Eoin	00:31:45	06:20.9	West Waterford	Mens Over 45
27	367	O'ROURKE, Jamie	00:31:53	06:22.5	Saturday Road Runners	Mens Over 45
28	408	COFFEY, Gearoid	00:32:04	06:24.7	West Waterford	Junior Boys
29	432	GRAHAM, Brian	00:32:09	06:25.7	Carrick AC	Mens Over 40
30	366	GRANT, Pat	00:32:24	06:28.7		Mens Over 45
31	456	BYRNE, Edel	00:32:33	06:30.5	Tramore AC	Ladies Over 40
32	359	HOGAN, Tom	00:32:41	06:32.1	West Waterford	Mens Over 45
33	424	HEARNE, Mark	00:32:42	06:32.3		Senior Men
34	420	MAHONY, Louise	00:32:43	06:32.5	Ballyroan AC	Senior Ladies
35	405	MAHONY, Joan	00:32:52	06:34.3	Waterford AC	Ladies Over 40
36	417	O'NEILL, Dermot	00:32:58	06:35.5		Mens Over 50
37	352	TAPIE, Guillermo	00:33:07	06:37.3	Huffers & Puffers	Mens Over 45
38	430	HEYLIN, Siobhan	00:33:14	06:38.7		Senior Ladies
39	400	BREATHNACH, Eoin	00:33:21	06:40.1	Waterford AC	Mens Over 40

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40	466	DOWNEY, Andrew	00:33:23	06:40.5	Carrick AC	Mens Over 45
41	436	MATTHEWS, Louise	00:33:27	06:41.3	Dooneen AC	Ladies Over 45
42	355	MOLLOY, Mary	00:33:36	06:43.1	Kingsriver AC	Ladies Over 45
43	449	O'SULLIVAN, John	00:33:37	06:43.3	Waterford AC	Mens Over 40
44	354	BOOKLE, Eamon	00:33:45	06:44.9	St Josephs	Mens Over 50
45	441	O'SULLIVAN, Killian	00:34:04	06:48.7	Carrick AC	Senior Men
46	440	FOLEY, Linda	00:34:06	06:49.1	West Waterford	Senior Ladies
47	433	CONCANNON, Mick	00:34:06	06:49.1	West Waterford	Mens Over 60
48	442	DWYER, Tony	00:34:09	06:49.7		Senior Men
49	406	WALSH, Paul	00:34:25	06:52.9		Mens Over 50
50	450	BRENNAN, Grainne	00:34:28	06:53.5		Senior Ladies
51	414	TOBIN, Martin	00:34:32	06:54.3	West Waterford	Mens Over 55
52	402	KAVANAGH, Thomas	00:34:46	06:57.1		Senior Men
53	377	GLEESON, Cathal	00:34:49	06:57.7	West Waterford	Mens Over 45
54	422	POWER, Jamie	00:34:56	06:59.1		Mens Over 45
55	357	KENNEDY, Siobhan	00:35:11	07:02.1	Focus on Fitness	Ladies Over 60
56	445	DILLON, Colm	00:35:23	07:04.4		Mens Over 50
57	404	DROHAN, Evan	00:35:31	07:06.0	Tried & Tested	Junior Boys
58	457	TYNAN, Sean	00:35:35	07:06.8		Senior Men
59	447	PONCE DE LEON, Miguel	00:35:41	07:08.0	Carrick AC	Mens Over 45
60	454	HEYLIN, Colm	00:35:49	07:09.6		Senior Men
61	463	COMERFORD, Kyle	00:36:00	07:11.8		Senior Men
62	376	O'CONNOR, Gerry	00:36:03	07:12.4	West Waterford	Mens Over 60
63	464	O'CALLAGHAN, Mariosa	00:36:23	07:16.4	An Riocht	Senior Ladies
64	373	DUGGAN, Patrick	00:36:35	07:18.8		Mens Over 45
65	453	BURKIN, Johnny	00:37:00	07:23.8	West Waterford	Senior Men
66	428	BUTLER, Jenn	00:37:08	07:25.4		Senior Ladies
67	416	NUGENT, Colin	00:37:20	07:27.8		Mens Over 40
68	395	O'SHEA, Des	00:37:21	07:28.0		Mens Over 40
69	465	FARRELL, Elaine	00:37:36	07:31.0		Senior Ladies
70	393	LAVERY, Philip	00:37:37	07:31.2	Waterford AC	Mens Over 40
71	443	POWER, Deirdre	00:37:51	07:34.0	Carrick AC	Ladies Over 40
72	425	RYAN, Donna Marie	00:37:52	07:34.2		Ladies Over 40
73	444	PARLE, Pat	00:37:57	07:35.2	Carrick AC	Mens Over 60
74	413	MURRAY, Daniel	00:38:02	07:36.2		Senior Men
75	396	MULCAHY, Mark	00:38:02	07:36.2		Mens Over 40
76	379	MURPHY, Peter	00:38:10	07:37.8		Senior Men
77	434	PHELAN, Rachel	00:38:24	07:40.6		Senior Ladies
78	415	TIERNEY, John	00:38:27	07:41.2		Mens Over 55
79	409	COFFEY, Bridget	00:39:00	07:47.8	West Waterford	Ladies Over 50
80	397	DWYER, Anthony	00:39:10	07:49.8	West Waterford	Mens Over 60
81	419	MOORE, Sandra	00:39:12	07:50.2	West Waterford	Ladies Over 50
82	427	BUTLER, Sonia	00:39:14	07:50.6	Waterford AC	Ladies Over 45

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83	353	CROWLEY, Mike	00:39:23	07:52.4	Huffers & Puffers	Mens Over 55
84	365	KENNEDY, Derek	00:39:26	07:53.0		Mens Over 45
85	431	MURRAY, Niamh	00:39:32	07:54.2		Senior Ladies
86	412	POWER, Mags	00:39:38	07:55.4	Carrick AC	Ladies Over 60
87	437	MCSWEENEY, Donal	00:39:59	07:59.6		Mens Over 45
88	429	NEVINS, Fiona	00:40:21	08:04.0		Ladies Over 45
89	438	NOLAN, Ger	00:40:55	08:10.8		Mens Over 60
90	462	COMERFORD, Eva	00:41:15	08:14.8		Senior Ladies
91	901	DOODY, Bribhanna	00:41:25	08:16.8		Senior Ladies
92	399	MOLONEY, Thomas	00:42:12	08:26.2		Mens Over 45
93	411	MURPHY, Shane	00:42:24	08:28.6		Mens Over 40
94	423	BARRY, Geraldine	00:42:55	08:34.8	West Waterford	Ladies Over 45
95	426	CUSACK, Aisling	00:43:06	08:37.0	West Waterford	Ladies Over 40
96	401	POWER, Onra	00:43:07	08:37.2	West Waterford	Ladies Over 55
97	375	NUGENT, Gary	00:43:42	08:44.2		Senior Men
98	459	KEATING, Helen	00:43:44	08:44.6	West Waterford	Senior Ladies
99	448	BRADFIELD, Linda	00:43:56	08:47.0	West Waterford	Ladies Over 50
100	439	NOLAN, Liz	00:44:11	08:50.0		Ladies Over 55
101	418	O'NEILL, Brona	00:44:40	08:55.8		Ladies Over 50
102	363	CRONIN, Ann	00:45:13	09:02.4	Carrick AC	Ladies Over 60
103	394	MATTHEWS, Evelyn	00:45:19	09:03.6		Ladies Over 40
104	446	DUNNE, Jackie	00:45:33	09:06.4	Carrick AC	Ladies Over 55
105	410	CURRAN, Eamon	00:45:49	09:09.6	West Waterford	Mens Over 50
106	371	MURPHY, Hillary	00:46:18	09:15.4	Waterford AC	Senior Ladies
107	900	O'DONNELL, Enda	00:46:21	09:16.0		Senior Men
108	364	O'GORMAN, Catherine	00:46:37	09:19.2		Ladies Over 40
109	350	PHELAN, Niamh	00:47:53	09:34.4	Waterford Triathlon Club	Senior Ladies

There were 109 competitors.