

Carrick-on-Suir Road Runners AC

Summer Series 2023

Race 3: Deadmans 5K Friday June 2nd 7.30 pm

Finishing Position	Race Number	Name	Finish Time	Pace (Min/Mile)	Club	Age Category
1	1090	FITZGERALD, Evan	00:15:13	04:53.8	Clonmel AC	Senior Men
2	1088	FITZGERALD, Pat	00:15:52	05:06.3	Waterford AC	Senior Men
3	1066	GORMAN, Dermot	00:15:54	05:07.0	Carrick AC	Mens Over 40
4	1480	MURPHY, Noel	00:16:16	05:14.0	Waterford AC	Senior Men
5	1068	O'BRIEN, Craig	00:16:28	05:17.9	Ferrybank	Senior Men
6	1497	SHEIL, Niall	00:16:43	05:22.7	St Killians	Mens Over 45
7	1474	COUGHLAN, Alban	00:17:33	05:38.8		Mens Over 40
8	1468	TIDESWELL, Kealey	00:17:49	05:44.0	Clonmel AC	Senior Ladies
9	1074	O'KEEFFE, Eugene	00:18:20	05:53.9	Carrick AC	Mens Over 50
10	1471	RYAN, Michael	00:18:28	05:56.5	Dundrum	Mens Over 40
11	1094	DUNPHY, Dylan	00:18:31	05:57.5	Waterford AC	Senior Men
12	1059	FLEMING, Conor	00:18:41	06:00.7	Clonmel AC	Mens Over 55
13	1089	FRAHER, Keith	00:19:12	06:10.7	Carrick AC	Mens Over 45
14	1098	RYAN, Donal	00:19:23	06:14.2	Clonmel AC	Mens Over 50
15	1097	POWER, Anthony	00:19:33	06:17.4	Clonmel AC	Mens Over 60
16	1464	ROCHE, Patrick	00:19:43	06:20.6	Carrick AC	Mens Over 45
17	1491	FITZGERALD, Nall	00:19:48	06:22.3	Vancouver	Senior Men
18	1461	TWOMEY, Kieran	00:19:50	06:22.9		Mens Over 55
19	1489	O'BRIEN, Keith	00:19:57	06:25.1	Clonmel AC	Mens Over 45
20	1078	HEARNE, Mark	00:19:58	06:25.5		Senior Men
21	1469	HANLEY, John	00:20:02	06:26.8		Mens Over 40
22	1487	ENGLISH, Aisling	00:20:03	06:27.1	Clonmel AC	Senior Ladies
23	1092	BEHAN, Diane	00:20:07	06:28.4	Waterford AC	Ladies Over 50
24	1105	HOGAN, Tom	00:20:12	06:30.0	West Waterford	Mens Over 45
25	1488	SHINE, Suzanne	00:20:13	06:30.3	Clonmel AC	Ladies Over 45
26	1085	MOORE, Grainne	00:20:16	06:31.3	West Waterford	Junior Girls
27	1486	AHERNE, Neilus	00:20:21	06:32.9	Midleton	Mens Over 60
28	1463	HAHESSY, Benny	00:20:27	06:34.8	Carrick AC	Mens Over 50
29	1496	WHELAN, Trevor	00:20:28	06:35.1	Clonmel AC	Mens Over 45
30	1462	HORGAN, Barry	00:20:33	06:36.7	Clonmel AC	Mens Over 45
31	1056	O'SULLIVAN, Killian	00:20:34	06:37.1	Carrick AC	Senior Men
32	1065	BRENNAN, Grainne	00:20:37	06:38.0	Carrick AC	Senior Ladies
33	1095	O'DEA, Sean	00:20:57	06:44.5	Clonmel AC	Mens Over 55
34	1476	MOLLOY, Mary	00:21:01	06:45.7	Kingsriver AC	Ladies Over 45
35	1100	O'SULLIVAN, John	00:21:36	06:57.0		Mens Over 40
36	1466	BRUNNOCK, John	00:21:39	06:58.0		Mens Over 45
37	1459	KAVANAGH, Thomas	00:21:52	07:02.2		Senior Men
38	1072	O'DONOVAN, Elaine	00:22:02	07:05.4		Senior Ladies
39	1070	TYNAN, Sean	00:22:04	07:06.0		Senior Men
40	1101	LANIGAN, Dermot	00:22:09	07:07.6	Carrick AC	Mens Over 40
41	1473	COUGHLAN, Denis	00:22:20	07:11.2		Mens Over 40
42	1481	FITZPATRICK, Richie	00:22:24	07:12.5		Senior Men
43	1086	BURKIN, Johnny	00:22:26	07:13.1	West Waterford	Senior Men
44	1099	KERWICK, Paddy	00:22:28	07:13.7		Mens Over 40
45	1082	FINN, Thomas	00:22:31	07:14.7		Junior Boys
46	1081	FINN, Tommy	00:22:32	07:15.0		Mens Over 40
47	1460	HEARN, Madeline	00:22:37	07:16.6	West Waterford	Senior Ladies
48	1485	O'GRADY, Billy	00:22:38	07:17.0	Newcastle	Mens Over 55

Finishing Position	Race Number	Name	Finish Time	Pace (Min/Mile)	Club	Age Category
49	1500	CARROLL, John	00:22:40	07:17.6	Carrick AC	Mens Over 55
50	1470	WALSH, Sareen	00:22:41	07:17.9	Clonmel AC	Ladies Over 50
51	1093	KENNEDY, Claire	00:22:43	07:18.6	West Waterford	Senior Ladies
52	1073	O'CONNELL, Eileen	00:22:46	07:19.5	Carrick AC	Senior Ladies
53	1062	POWER, Deirdre	00:23:13	07:28.2	Carrick AC	Ladies Over 40
54	1492	FITZGERALD, Orla	00:23:16	07:29.2	VIRC	Senior Ladies
55	1472	BAILEY, Donal	00:23:29	07:33.4		Mens Over 40
56	1075	WALSH, Tina	00:23:47	07:39.2	Carrick AC	Senior Ladies
57	1498	EGAN, Tom	00:24:03	07:44.3	Carrick AC	Mens Over 50
58	1477	ENGLISH, Kate	00:24:06	07:45.3	Clonmel AC	Senior Ladies
59	1077	RYAN, Donna Marie	00:24:09	07:46.2		Ladies Over 40
60	1084	MOORE, Sandra	00:24:15	07:48.2	West Waterford	Ladies Over 50
61	1103	COFFEY, Bridid	00:24:26	07:51.7	West Waterford	Ladies Over 50
62	1482	O'NEILL, Stephen	00:24:40	07:56.2		Mens Over 50
63	1051	HUGHES, Theresa	00:24:48	07:58.8	West Limerick	Senior Ladies
64	1483	CONWAY, Glen	00:24:49	07:59.1		Mens Over 45
65	1083	KENNEDY, Derek	00:25:05	08:04.3		Mens Over 45
66	1499	SHERIDAN, Martina	00:25:11	08:06.2		Ladies Over 50
67	1494	BUTLER, Simon	00:25:28	08:11.7		Senior Men
68	1067	RUSSELL, Emmet	00:25:41	08:15.8		Senior Men
69	1080	WALSH, Anthony	00:25:59	08:21.6		Mens Over 55
70	1478	ENGLISH, Sarah	00:26:10	08:25.2		Senior Ladies
71	1475	FLEMING, Jim	00:26:40	08:34.8	West Waterford	Mens Over 55
72	1106	HAYES, Tommy	00:26:43	08:35.8	Carrick AC	Senior Men
73	1087	O'NEILL, Caroline	00:27:18	08:47.1	Carrick AC	Ladies Over 50
74	1079	KELLY, John	00:27:21	08:48.0	Carrick AC	Senior Men
75	1493	COAKLEY, Michael	00:27:23	08:48.7	West Waterford	Mens Over 55
76	1091	POWER, Conor	00:27:27	08:50.0	Carrick AC	Mens Over 40
77	1055	HUGHES, Catherine	00:27:29	08:50.6	Carrick AC	Ladies Over 50
78	1058	O'SHEA, Yvonne	00:27:31	08:51.2		Ladies Over 60
79	1053	DUNNE, Jackie	00:27:31	08:51.2	Carrick AC	Ladies Over 55
80	1484	STEELE, Jamie	00:27:43	08:55.1		Senior Men
81	1069	CRONIN, Ann	00:28:00	09:00.6	Carrick AC	Ladies Over 60
82	1060	KELLY, Louise	00:28:20	09:07.0		Ladies Over 40
83	1096	HARRIS, Amy	00:28:23	09:08.0	Carrick AC	Senior Ladies
84	1054	O'DONNELL, Paul	00:28:23	09:08.0	Carrick AC	Mens Over 40
85	1061	HANLON, Margaret	00:28:36	09:12.2		Ladies Over 50
86	1076	MORRIS, Cathy	00:28:46	09:15.4	Carrick AC	Ladies Over 50
87	1102	CURRAN, Eamon	00:28:51	09:17.0	West Waterford	Mens Over 50
88	1104	O'DWYER, Derek	00:29:09	09:22.8	Carrick AC	Senior Men
89	1467	SULLIVAN, James	00:29:09	09:22.8	Carrick AC	Mens Over 55
90	1052	DUNNE, Sinead	00:29:35	09:31.2	Carrick AC	Senior Ladies
91	1071	KEATING, Geraldine	00:30:23	09:46.6	Carrick AC	Ladies Over 60
92	1479	MURPHY, Hillary	00:30:31	09:49.2	Waterford AC	Senior Ladies
93	1495	KAVANAGH, John	00:30:32	09:49.5		Mens Over 55
94	1465	POWER, Ann	00:34:59	11:15.4		Ladies Over 60
95	1063	RYAN, Sharon	00:39:57	12:51.3		Ladies Over 40
96	1064	MAGUIRE, Gemma	00:39:57	12:51.3		Senior Ladies

There were 96 competitors.