

**Carrick-on-Suir Road Runners AC****Summer Series 2022****Race 3: Deadmans 4 Mile Friday June 3<sup>rd</sup> 7.30 pm**

<b>Finishing Position</b>	<b>Race Number</b>	<b>Name</b>	<b>Finish Time</b>	<b>Pace (Min / Mile)</b>	<b>Club</b>	<b>Age Category</b>
1	212	MURPHY, Noel	00:20:55	05:13.7	Waterford AC	Senior Men
2	198	O'BRIEN, Craig	00:21:01	05:15.2	Ferrybank	Senior Men
3	254	GORMAN, Dermot	00:21:04	05:15.9	Carrick AC	Mens Over 40
4	238	O'CONNOR, Adam	00:21:17	05:19.2	united striders	Junior Boys
5	240	FITZGERALD, Pat	00:21:46	05:26.4	Waterford AC	Senior Men
6	218	O'CONNOR, Alan	00:22:01	05:30.2	united striders	Mens Over 45
7	493	STOREY, Aubrey	00:22:41	05:40.2	Tramore ac	Mens Over 40
8	231	HARRINGTON, Tomas	00:22:43	05:40.7	united striders	Senior Men
9	211	KEANE, Bernard	00:22:56	05:43.9	St Josephs	Mens Over 45
10	239	O'SHEA, Barry	00:22:59	05:44.7	Carrick AC	Senior Men
11	200	RYAN, Dymphna	00:23:02	05:45.4	Dundrum	Ladies Over 40
12	232	CUDDIHY, Martin	00:23:06	05:46.4	Waterford AC	Mens Over 40
13	208	RYAN, Michael J	00:23:20	05:49.9	Dundrum	Senior Men
14	491	FLEMING, Conor	00:23:30	05:52.4	Clonmel AC	Mens Over 50
15	241	BARDEN, Anthony	00:23:40	05:54.9		Mens Over 40
16	204	MACKEY, Tommy	00:23:52	05:57.9	Saturday Road Runners	Mens Over 45
17	229	O'KEEFFE, Eugene	00:23:58	05:59.4	Carrick AC	Mens Over 50
18	230	GUIRY, John	00:23:59	05:59.6	Saturday Road Runners	Mens Over 40
19	210	O'DONOGHUE, Willie	00:24:03	06:00.6	Moore Abbey Millers	Mens Over 55
20	199	FIELDING, Liam	00:24:21	06:05.1	Carrick AC	Mens Over 45
21	223	O'CONNELL, Michael	00:24:49	06:12.1	Carrick Triathlon Club	Mens Over 40
22	228	MORGAN, Louise	00:24:56	06:13.9	Ferrybank	Ladies Over 40
23	247	MCCANN, Angela	00:25:02	06:15.4	Clonmel AC	Ladies Over 50
24	243	HALLEY, Pascal	00:25:04	06:15.9	Waterford AC	Mens Over 50
25	219	O'CONNOR, Luca	00:25:20	06:19.9		
26	237	FINN, Tommy	00:25:28	06:21.9	Carrick AC	Mens Over 40
27	222	CONNORS, Jimmy	00:25:37	06:24.1	West Waterford	Senior Men
28	206	MOLONEY, Michael	00:25:41	06:25.1	Clonmel AC	Mens Over 40
29	207	PHELAN, Jason	00:25:41	06:25.1	BVSC	Mens Over 50
30	492	HALLEY, Jim	00:25:44	06:25.9	Dundrum	Mens Over 50
31	234	SHINE, Suzanne	00:25:48	06:26.9	Clonmel AC	Ladies Over 40
32	264	HOGAN, Tom	00:25:54	06:28.4	West Waterford	Mens Over 45
33	202	CULLOTY, Denis	00:26:02	06:30.4	Ferrybank	Senior Men
34	261	HAHESSY, Benny	00:26:10	06:32.4	Carrick AC	Mens Over 45
35	242	HOGAN, Steve	00:26:16	06:33.9	BVSC	Mens Over 40
36	246	PONCE DE LEON, Miguel	00:26:24	06:35.9	Carrick AC	Mens Over 45
37	201	BARRETT, Clare	00:26:30	06:37.4	DMP Athletics	Senior Ladies
38	209	RYAN, Tish	00:26:39	06:39.6	Dundrum	Ladies Over 40
39	233	DUNPHY, Dylan	00:26:41	06:40.1		Senior Men
40	203	BRAZIL, David	00:26:52	06:42.9		Mens Over 40

<b>Finishing Position</b>	<b>Race Number</b>	<b>Name</b>	<b>Finish Time</b>	<b>Pace (Min/Mile)</b>	<b>Club</b>	<b>Age Category</b>
41	226	GAULE, James	00:26:54	06:43.4	BVSC	Mens Over 45
42	244	O'CONNOR, Beth	00:26:59	06:44.6	united striders	Ladies Over 45
43	258	BRUNNOCK, John	00:27:08	06:46.9		Mens Over 45
44	227	SULLIVAN, John	00:27:08	06:46.9		Mens Over 45
45	214	ENGLISH, Aisling	00:27:11	06:47.6	Clonmel AC	Ladies Over 35
46	495	DOWNEY, Andrew	00:27:14	06:48.4	Carrick AC	Mens Over 45
47	265	O'SULLIVAN, John	00:27:15	06:48.6	Waterford AC	Mens Over 40
48	485	O'SULLIVAN, Killian	00:27:16	06:48.9		Senior Men
49	487	CRONIN, Brendan	00:28:22	07:05.4		Mens Over 60
50	215	ROCHE, Aine	00:28:35	07:08.6	Clonmel AC	Ladies Over 35
51	489	BURKIN, Johnny	00:28:41	07:10.1	West Waterford	Senior Men
52	252	CARROLL, John	00:28:42	07:10.4	Carrick AC	Mens Over 55
53	217	MOLLOY, Mary	00:28:46	07:11.4	Kingsriver AC	Ladies Over 40
54	255	O'DONOGHUE, Donal	00:29:02	07:15.4	Watergrass Hill	Mens Over 55
55	262	LANIGAN, Dermot	00:29:14	07:18.4	Carrick AC	Mens Over 40
56	235	HOGAN, James	00:29:15	07:18.6	Carrick AC	Senior Men
57	213	FLAHERTY, Marian	00:29:53	07:28.1	Clonmel AC	Ladies Over 45
58	260	WALSH, Josh	00:30:22	07:35.4		Mens Over 45
59	236	KAVANAGH, Thomas	00:30:32	07:37.9		Senior Men
60	482	EGAN, Tom	00:30:33	07:38.1	Carrick AC	Mens Over 50
61	220	POWER, Deirdre	00:30:40	07:39.9	Carrick AC	Ladies Over 40
62	256	MANSELL, Nicola	00:30:47	07:41.6	Clonmel AC	Ladies Over 50
63	488	WALSH, Tina	00:31:04	07:45.9	Carrick AC	Senior Ladies
64	494	COFFEY, Bridget	00:31:58	07:59.4	West Waterford	Ladies Over 50
65	486	POWER, Niamh	00:32:05	08:01.1		Senior Ladies
66	205	O'GRADY, Billy	00:32:15	08:03.6		Mens Over 55
67	224	BYRNE, Anna	00:32:27	08:06.6	Clonmel Triathlon Club	Ladies Over 55
68	490	PHELAN, Leanne	00:32:35	08:08.6	Carrick AC	Ladies Over 35
69	483	BOLAND, Robyn	00:33:44	08:25.9		Senior Ladies
70	263	GAFFNEY, Andrea	00:34:21	08:35.1	West Waterford	Ladies Over 50
71	257	WALSH, Bridget	00:34:37	08:39.1	Carrick AC	Ladies Over 45
72	484	O'NEILL, Caroline	00:34:51	08:42.6	Carrick AC	Ladies Over 50
73	253	WALSH, Yvonne	00:35:14	08:48.4	Carrick AC	Ladies Over 40
74	216	STEELE, Jamie	00:35:18	08:49.4		Senior Men
75	225	MORRIS, Cathy	00:37:28	09:21.9	Carrick AC	Ladies Over 50
76	245	PROCTOR, Pascal	00:37:30	09:22.4	West Waterford	Mens Over 60
77	248	CURRAN, Eamon	00:38:03	09:30.6	West Waterford	Mens Over 50
78	259	KEATING, Geraldine	00:39:04	09:45.9	Carrick AC	Ladies Over 55
79	221	MCGRATH, Ted	00:42:50	10:42.4		Mens Over 60

There were 79 competitors.